



## Distance LAB Hub:

# Where Distance Meets Practical Solutions

Shaping the Future of Remote Work Across the Baltic Sea Region

04/06/2025

Irma Bagdoniene

Tech-Park Kaunas

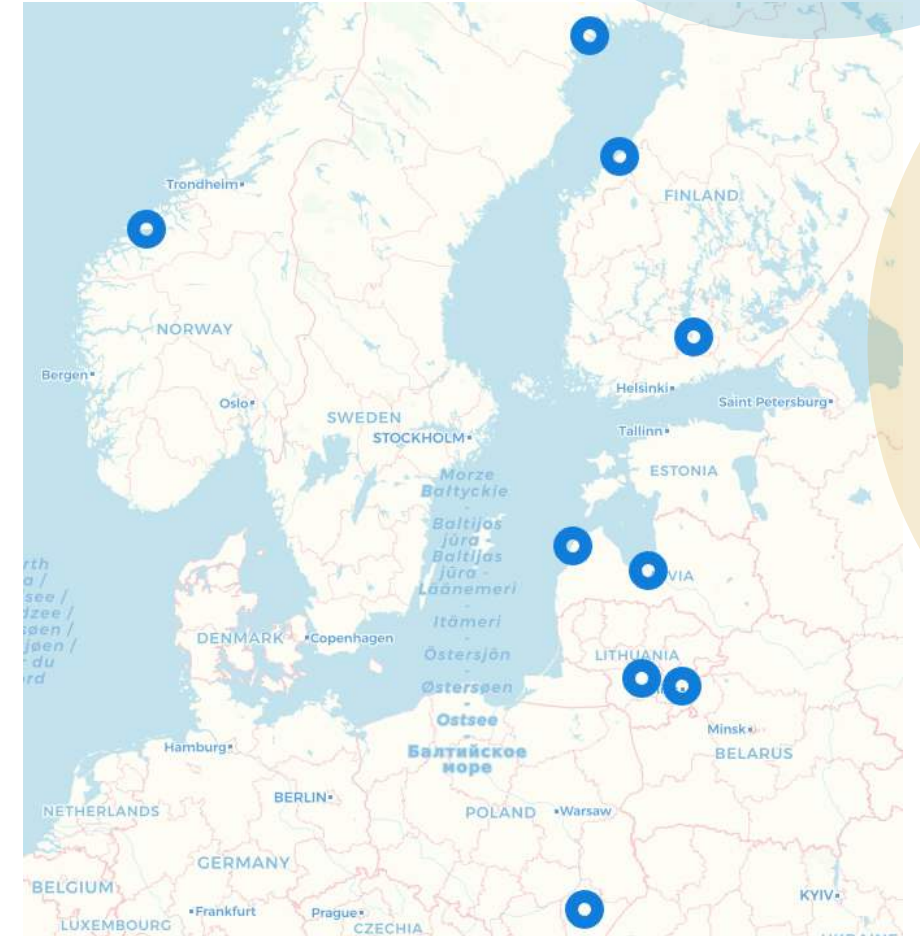
[www.interreg-baltic.eu/project/distancelab](http://www.interreg-baltic.eu/project/distancelab)



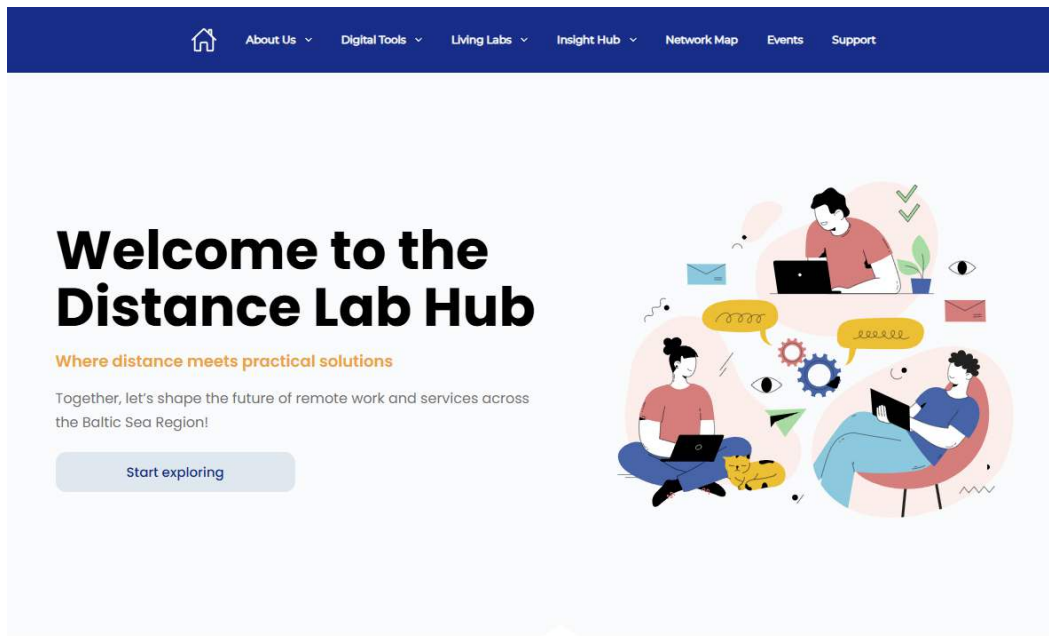
# Why Remote Services Matter More Than Ever

- Remote work is no longer optional, it is essential.
- SMEs, public authorities, and universities struggle with tools, strategy, and collaboration in virtual spaces.
- The Distance LAB Hub was created to fill this gap across the Baltic Sea Region.

! *The digital divide is no longer about access. It is about smart, sustainable, and collaborative usage.*



# What Is the Distance LAB Hub?



- A free, open-access platform.
- Developed under the Interreg BSR project by 9 partners.
- Tools, knowledge, and networks tested in real settings.
- Designed for SMEs, public authorities, universities, and business support organizations.

## Who Is It For?



**SMEs:**  
better digital  
work practices



**Public authorities:**  
strategies for remote  
policy and services



**Academia:**  
engage in co-creation  
and research  
translation



**BSOs:**  
tools to  
guide clients

## Explore the Hub: **Tools to Empower Remote Work**

### Innovate & Network



- Improve communication and interaction.
- Run virtual innovation workshops.
- *Example: Soft Interaction Skills tool, Open Innovation formats.*

### Strategize & Shape Your Business



- Cybersecurity and digital strategy.
- Customer relationships and internationalization.
- *Example: Remote Recruitment, Digitalization Strategy Model.*

### Focus on Sustainability



- Align digital transformation with green goals.
- *Example: Eco-Digital-Check, Design for Sustainability.*

# More Than Just Tools: Building a Knowledge Ecosystem



- **Insight Hub:** blogs, research, and best practices on remote leadership, AI, hybrid teams.
- **Network Map:** see who is doing what and where.
- **Living Labs:** real-life experimentation labs for co-creation.
- **Events:** webinars, workshops.

# Why Choose the Distance LAB Hub?

- ✓ Free and open-access
- ✓ Tested in real work environments
- ✓ Cross-border collaboration ready
- ✓ User-submission friendly

! *The Distance LAB Hub is here to help you grow stronger in remote environments*

<https://distancelab.eu/>

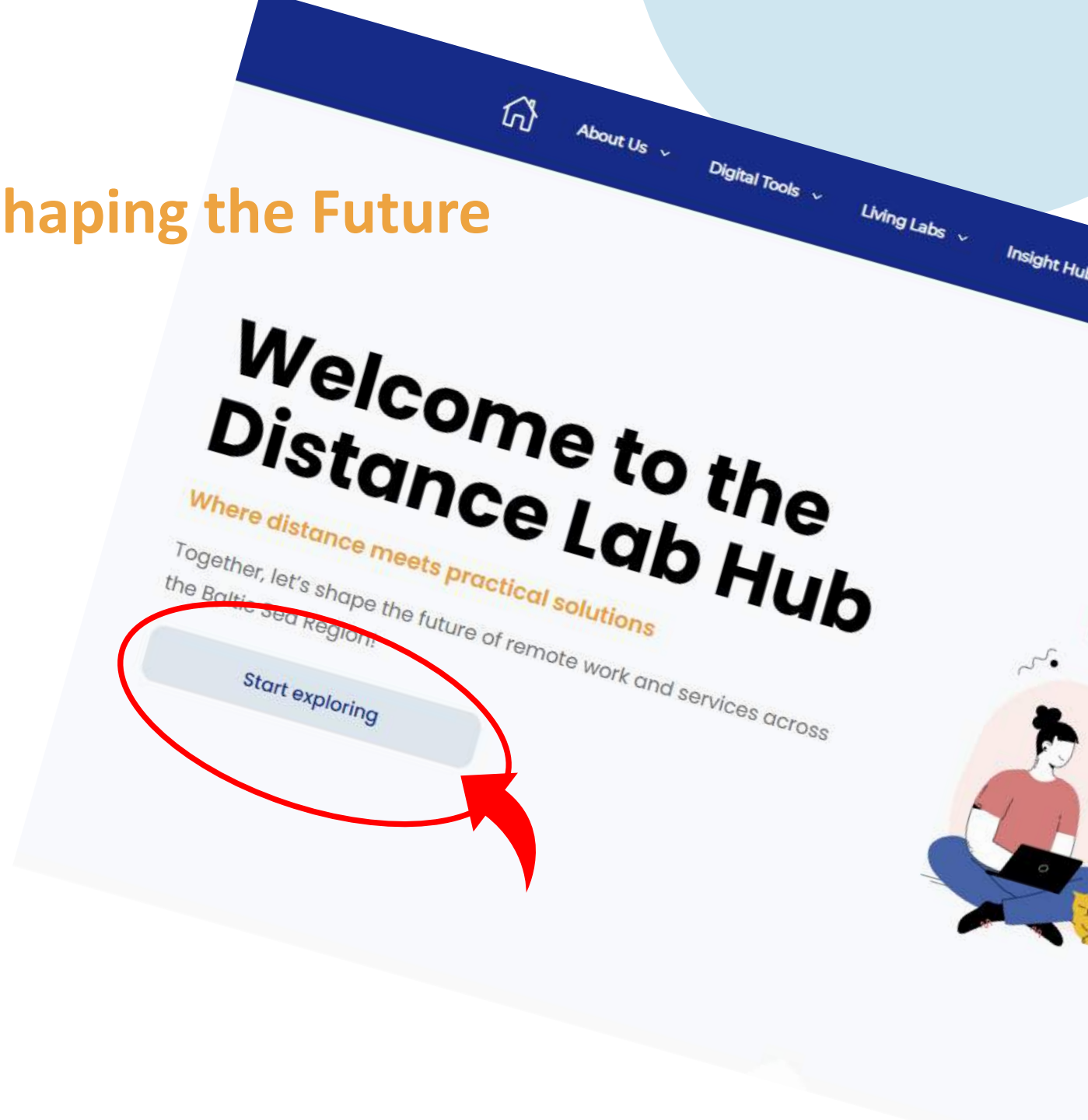




## Join Us in Shaping the Future

- Explore the Hub: <https://distancelab.eu/>.
- Test the tools, read the insights, explore the Network Map.
- Submit your own tool or join a Living Lab.

! *Let's shape the future of remote work together: practical, smart, and collaborative.*





## Contact information:

Email: [irma.bagdoniene@techpark.lt](mailto:irma.bagdoniene@techpark.lt)

Phone: +370 618 73 770

Thank you!

<https://distancelab.eu/>