



TRAINING PACKAGE ON SUSTAINABLE URBAN MOBILITY PLANNING

The SUMP for BSR project aims to transform urban mobility in the Baltic Sea Region (BSR) by empowering small and medium-sized cities with the tools and knowledge needed for effective uptake of Sustainable Urban Mobility Plans (SUMP). Designed to address the specific challenges of these cities, the training package focuses on building capacity, enhancing planning processes, and fostering innovation.



WHY?

Many BSR cities face limited resources, lack of experience, and difficulty engaging stakeholders. **The training package on Sustainable Urban Mobility Planning** tackles these issues by:

- Harmonizing monitoring and evaluation for SUMP
- Better recognizing active modes like walking and cycling
- Promoting small-scale experiments to foster innovation

WHAT?



Module 1: Getting started with the process and its basic principles

Learn the foundations of Sustainable Urban Mobility Plans



Module 2: Setting up a monitoring and evaluation framework and defining indicators

Develop a robust system for assessing the progress of implemented measures



Module 3: Collection of data for active modes

Learn the techniques for collecting and using walking and cycling data.



Module 4: Experimenting with potential mobility solutions to promote active modes

Discover the value of small-scale pilots



Module 5: Engaging stakeholders in planning mobility measures and SUMP

Build effective collaboration with decision-makers, residents and other stakeholders.



SUMP Clinic:

Personalized guidance for 10 selected cities.



BSR SUMP Competence Centre:

Easy access to all outputs, training package and experience

- ✓ Build long-term capacity for sustainable urban mobility planning
- ✓ Align with updated TEN-T regulations for urban nodes
- ✓ Utilise practical tools and innovative solutions to achieve mobility goals

Stay Tuned!

The training package is in development. For now, make sure to follow the project and check the training concept on the project [website](#)

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SMART GREEN MOBILITY

SUMPs for BSR