

Interreg
Baltic Sea Region



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RESILIENT ECONOMIES AND COMMUNITIES

Distance LAB

Your Day at Distance app for remote working wellbeing

interreg-baltic.eu/project/distancelab



Recruitment and employee satisfaction

The remote strategy canvas template supports companies in

recognizing and enhancing remote work opportunities within the company
creating a plan of efficient and rewarding remote work, especially for new recruits. The

Strategy model covers three phases:

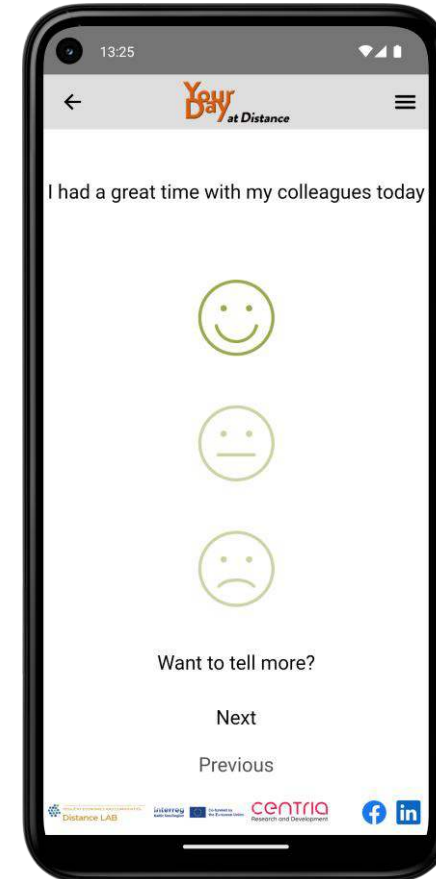
1. attracting new, remote talents
2. creating a team spirit
3. maintaining staff well-being in hybrid work.

Your Day at Distance app measures the success of this and other suitable pilots

Your Day at Distance app for remote working wellbeing

General

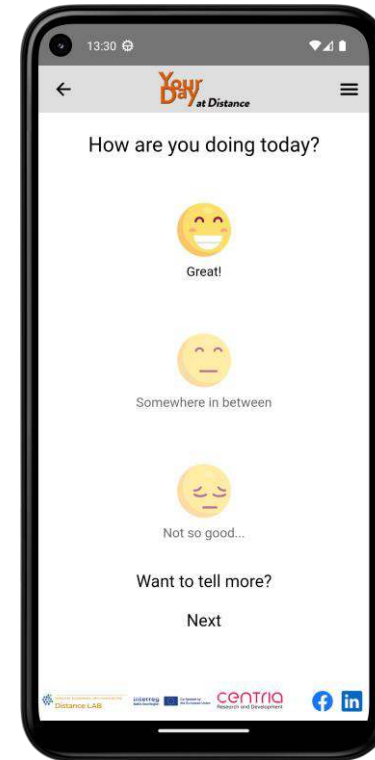
- Used to measure how remotely working employees are doing
- Simple to use
- Employer can manage access to employees and add them into teams
- Works on Android, iOS and web



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Simple to use

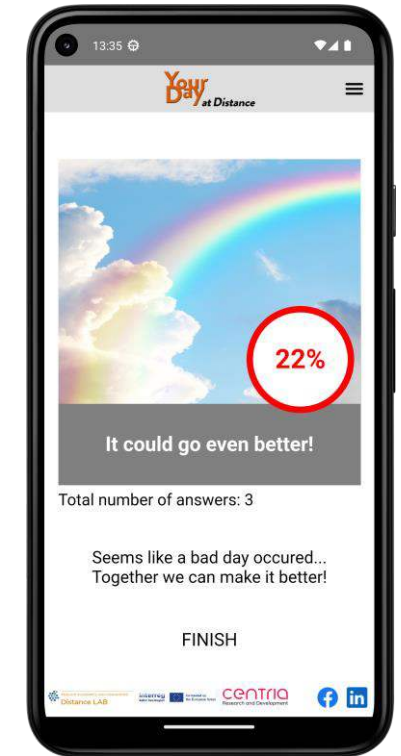
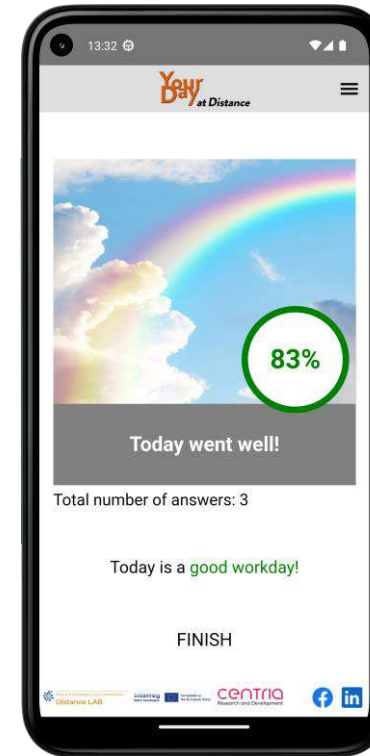
- Users first answer a basemood and 3 simple questions after that
- Optional comment can be given to each answer
- Questions are randomly selected each workday from a question set
- After each of the available questions has been shown the cycle will start over again



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Simple to use

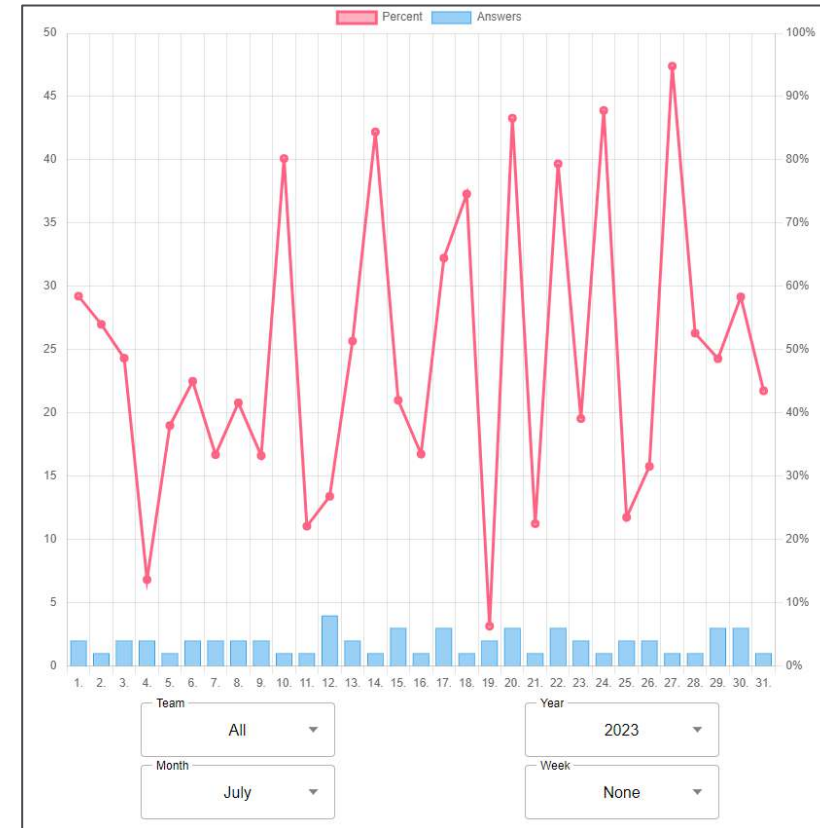
- After answering a result percentage is calculated and shown to the user
- Finally the overall status of the current day is shown



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Reporting

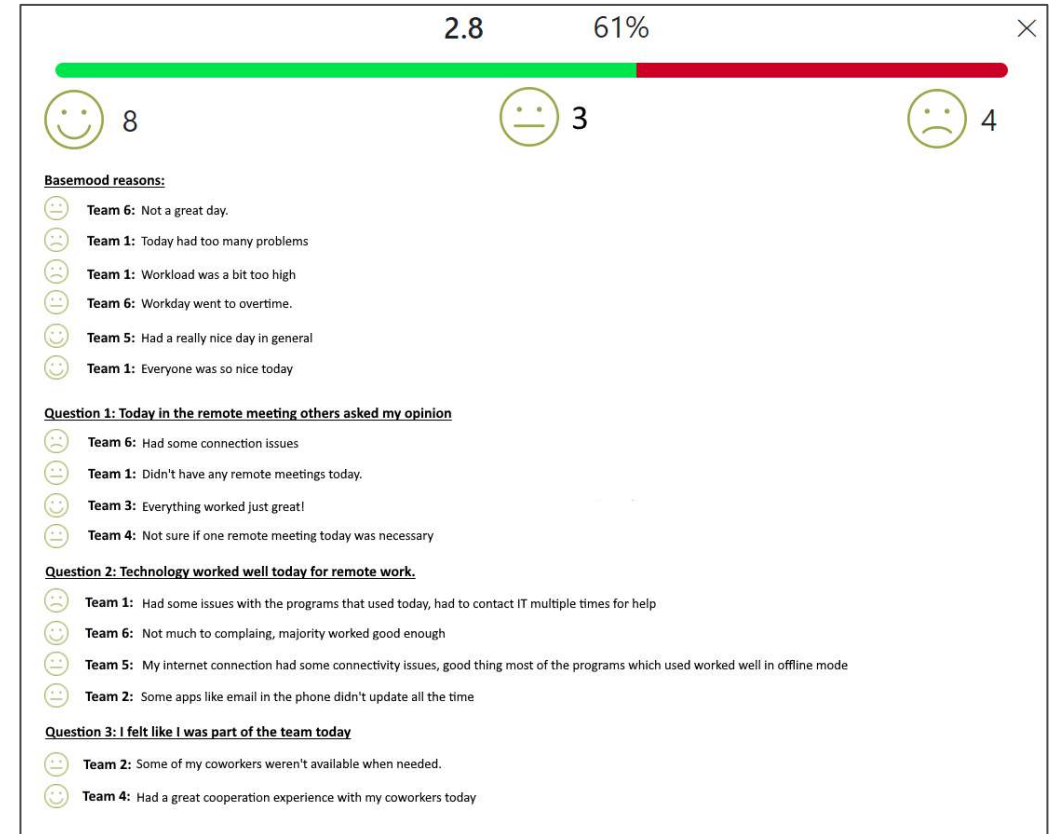
- Allows employer to check and see the results that the employees have answered
- Results can be seen by team and either on weekly, monthly or yearly level.
- Access can be given to necessary employees or team leaders who needs it



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Reporting details

- Each day can be opened to see more detailed answers
- Detailed answers include:
 - How were basemood question answered
 - Display comment for the answer if one was given



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Available now on Android, iOS and web

- Android (or find it on Google Play)

<https://play.google.com/store/apps/details?id=eu.distancelab.wellbeing>

- iOS (only available with the following link)

<https://apps.apple.com/us/app/your-day-at-distance/id6462674491>

- Web

<https://distancelab.westeurope.cloudapp.azure.com:4500>

