

1. Identification

Call

C1

Date of submission

26/04/2022

1.1. Full name of the project

Arts on Prescription in the Baltic Sea Region

45 / 250 characters

1.2. Short name of the project

Arts on Prescription

20 / 20 characters

1.3. Programme priority

1. Innovative societies

1.4. Programme objective

1.2 Responsive public services

1.6. Project duration

Contracting start

22/09/2022

Contracting end

31/12/2022

Implementation start

01/01/2023

Implementation end

31/12/2025

Duration of implementation phase (months)

36

Closure start

01/01/2026

Closure end

31/03/2026

1.7. Project summary

Arts on prescription is a concept to improve the mental well-being of citizens. The idea is that people with a diagnosed mental condition such as depression, stress or anxiety, or people at risk of developing such a condition (e.g. due to loneliness) get a prescription not for medicine or therapy, but for taking part in regular arts activities in group settings. This has been proven to have positive health effects.

The challenge that public authorities face when planning and implementing such a programme lies in the underdeveloped cooperation between the culture and health sector, the lack of knowledge on how to set up, organise and evaluate a programme and the lack of long-term financing.

The partners of the project "Arts on Prescription in the Baltic Sea Region" will jointly develop a model programme that is based on state-of-the-art evidence and experience, but adaptable to different local conditions and public health systems. The programme will be piloted by local and regional public authorities in cooperation with cultural institutions and evaluated for its health effects, organisational set-up and economic benefits.

The arts on prescription model is then transferred to other cities and regions who are supported with an online practitioner's guide and a rent-an-expert programme. Moreover, the project will initiate a dialogue with national authorities and health insurance funds in order to improve the structural support and financing options for arts on prescription.

1,498 / 1,500 characters

1.8. Summary of the partnership

The core of the project partnership are local and public authorities as well as cultural institutions that represent the three main target group of the project. The partners who will be preparing and piloting the model Arts on Prescription programme are three local public authorities (Saldus/LV, Cesis/LV, Odense/DK) and three regional public authorities (Westpomerania/PL, Bremen/DE and Norrbotten/SE) each of which cooperates with a institution in the field of culture and cultural education (Media Dizajn/PL, Bremer Volkshochschule/DE, Sunderby Folk High School/SE). In this way, culture and health departments as well as NGOs take part in the project.

Two of the partners possess previous experience with arts on prescription:

Odense Municipality is the hosting organisation of Cultural Region Funen, an association of nine municipalities on the island of Funen that are working with Arts on Prescription in the framework of a cultural agreement with the Danish Ministry of Culture in 2022-2023. Odense/Cultural Region Funen as the Lead Partner of the project will put its initial experience in Arts on Prescription to use in the development of the generic programme concept and the practitioner's guide and oversee the overall development of the solution. It will also pilot the programme in at least one of the nine municipalities and have an active role in the transfer of results. This multifaceted role in the project justifies the comparatively high budget of Odense Municipality.

The municipality of Cesis has recently initiated a project on "museums on prescription" which is still in its early stage and would benefit greatly from the transnational exchange in this project. Knowing the key challenges and barriers from first hand experience, Cesis will lead the development of the practitioner's guide.

The piloting partners are supported in the development of the model programme and in the evaluation of its piloting by three universities: University of Southern Denmark, Turku University of Applied Sciences and the Lithuanian University of Health Sciences. Each of these universities brings in complementary expertise in the evaluation of health effects, organisational setup and economic benefits, as well as in the application of arts-based methods in evaluation and knowledge transfer.

A very important role in the partnership will be played by the Northern Dimension Partnership on Health and Social Well-being Secretariat. As coordinator of PA Health of the EUSBSR and partner of the ongoing project "The Art of Staying Healthy", NDPHS secretariat is the ideal partner for coordinating the transfer activities in WP3. The NDPHS has direct access to senior officials of the national ministries of health in all BSR countries plus Iceland and can help to put the topic on the policy-making agenda, e.g. by organising a side event to the NDPHS conference in 2025.

1.11. Project Budget Summary

Financial resources [in EUR]		Preparation costs	Planned project budget
ERDF	ERDF co-financing	0.00	2,809,028.43
	Own contribution ERDF	0.00	702,257.13
	ERDF budget	0.00	3,511,285.56
NO	NO co-financing	0.00	0.00
	Own contribution NO	0.00	0.00
	NO budget	0.00	0.00
NDICI	NDICI co-financing	0.00	0.00
	Own contribution NDICI	0.00	0.00
	NDICI budget	0.00	0.00
RU	RU co-financing	0.00	0.00
	Own contribution RU	0.00	0.00
	RU budget	0.00	0.00
TOTAL	Total Programme co-financing	0.00	2,809,028.43
	Total own contribution	0.00	702,257.13
	Total budget	0.00	3,511,285.56

2. Partnership

2.1. Overview: Project Partnership

2.1.1 Project Partners

No.	LP/PP	Organisation (English)	Organisation (Original)	Country	Type of partner	Legal status	Partner budget in the project	Active/inactive	
								Status	from
1	LP	Odense Municipality	Odense Kommune	DK	Local public authority	a)	598,486.44 €	Active	22/09/2022
2	PP	Ministry for health, women and consumer Protection of the Free Hanseatic City of Bremen	Senatorin für Gesundheit, Frauen und Verbraucherschutz der Freien und Hansestadt Bremen	DE	Regional public authority	a)	121,000.00 €	Active	22/09/2022
3	PP	Bremer Volkshochschule - adult education centre/Ministry for Culture	Bremer Volkshochschule/Der Senator für Kultur	DE	Education/training centre and school	a)	339,510.00 €	Active	22/09/2022
4	PP	University of Southern Denmark	Syddansk Universitet (SDU)	DK	Higher education and research institution	a)	385,755.00 €	Active	22/09/2022
5	PP	Cesis Municipality	Cēsu novada pašvaldība	LV	Local public authority	a)	225,991.20 €	Active	22/09/2022
6	PP	Saldus district municipality	Saldus novada pašvaldība	LV	Local public authority	a)	221,991.20 €	Active	22/09/2022
7	PP	Westpomeranian Region	Województwo Zachodniopomorskie	PL	Regional public authority	a)	152,590.57 €	Active	22/09/2022
8	PP	Media Dizajn	Stowarzyszenie Media Dizajn	PL	NGO	b)	169,640.00 €	Active	22/09/2022
9	PP	Secretariat of the Northern Dimension Partnership in Public Health and Social Well-being (NDPHS)	Secretariat of the Northern Dimension Partnership in Public Health and Social Well-being (NDPHS)	SE	International governmental organisation	a)	380,049.98 €	Active	22/09/2022
10	PP	Sunderby folk high school	Sunderby folkhögskola	SE	Education/training centre and school	a)	245,735.27 €	Active	22/09/2022
11	PP	Norrbottnen Region	Region Norrbotten	SE	Regional public authority	a)	279,440.00 €	Active	22/09/2022
12	PP	Turku University of Applied Sciences	TURUN AMMATTIKORKEAKOULU OY	FI	Higher education and research institution	a)	267,320.50 €	Active	22/09/2022
13	PP	Lithuanian University of Health Sciences	Lietuvos sveikatos mokslų universitetas	LT	Higher education and research institution	a)	123,775.40 €	Active	22/09/2022

2.1.2 Associated Organisations

No.	Organisation (English)	Organisation (Original)	Country	Type of Partner
AO 1	Cultural Region Funen	Kulturregion Fyn	DK	Local public authority
AO 2	Baltic Sea States Subregional Co-operation	Baltic Sea States Subregional Co-operation	PL	Interest group
AO 3	Academy of Art in Szczecin	Akademia Sztuki w Szczecinie	PL	Higher education and research institution
AO 4	Region of Southern Denmark	Region Syddanmark	DK	Regional public authority
AO 5	Northern Dimension Partnership on Culture	Northern Dimension Partnership on Culture	LV	International governmental organisation
AO 6	Arts Promotion Centre	Taiteen edistämiskeskus	FI	Infrastructure and public service provider
AO 7	City of Oulu	Oulun kaupunki	FI	Local public authority
AO 8	Coordination Agency of Southern Norrbotten	Samordningsförbundet Södra Norrbotten	SE	Sectoral agency
AO 9	Culture for Youth and Children in Norrbotten	KUBN -Kultur för Unga och Barn i Norrbotten	SE	NGO
AO 10	Leibniz Institute for Prevention Research and Epidemiology - BIPS	Leibniz-Institut für Präventionsforschung und Epidemiologie - BIPS	DE	Higher education and research institution
AO 11	FOKUS, Centre for Education and Participation of the Initiative for Social Rehabilitation e.V.	FOKUS, Zentrum für Bildung und Teilhabe der Initiative zur sozialen Rehabilitation e.V.	DE	Education/training centre and school
AO 12	Luznava manor complex under Rēzekne Municipality Local Government Institution "Malta Union Administration"	Lūznavas muižas kompleks - Rēzeknes pašvaldības Maltas apvienības pārvaldes Lūznavas pagasta struktūrvienība	LV	Local public authority
AO 13	Kaunas city Municipality public health Bureau	Kauno miesto savivaldybės visuomenės sveikatos biuras	LT	Local public authority

2.2 Project Partner Details - Partner 1

LP/PP

Partner Status

Active from **Inactive from**

Partner name:

Organisation in original language 14 / 250 characters

Organisation in English 19 / 250 characters

Department in original language 16 / 250 characters

Department in English 19 / 250 characters

Partner location and website:

Address 25 / 250 characters **Country**

Postal Code	<input type="text" value="5100"/> <small>4 / 250 characters</small>	NUTS1 code	<input type="text" value="Danmark"/>
Town	<input type="text" value="Odense C"/> <small>8 / 250 characters</small>	NUTS2 code	<input type="text" value="Syddanmark"/>
Website	<input type="text" value="https://www.odense.dk"/> <small>22 / 100 characters</small>	NUTS3 code	<input type="text" value="Fyn"/>

Partner ID:

Organisation ID type	<input type="text" value="Civil registration number (CPR)"/>
Organisation ID	<input type="text" value="35209115"/>
VAT Number Format	<input type="text" value="DK + 8 digits"/>
VAT Number	<input checked="" type="checkbox" value="N/A"/> <input type="text" value="DK35 20 91 15"/> <small>13 / 50 characters</small>
PIC	<input type="text" value="969778453"/> <small>9 / 9 characters</small>

Partner type:

Legal status	<input type="text" value="a) Public"/>	
Type of partner	<input type="text" value="Local public authority"/>	<input type="text" value="Municipality, city, etc."/>
Sector (NACE)	<input type="text" value="84.11 - General public administration activities"/>	

Partner financial data:

Is your organisation entitled to recover VAT related to the EU funded project activities?

Role of the partner organisation in this project:

Odense Municipality (OM) is the Lead Partner in the project, the idea of which stems from being part of Cultural Region Funen that is running an Arts on Prescription Programme in 2021- 2023 in nine different municipalities. OM has therefore already gathered initial research, experience and know-how on how to create local administrative setups in different municipalities. Under Work Package 1 OM will be involved in building the generic arts on prescription programme and in writing the practitioner's guide on how to set up an effective and sustainable organisation with tools and training materials for the different stages in the process. Under Work Package 2 OM will implement a an AoP programme pilot and be involved in the revision of the solution (the generic programme and practitioner's guide. In Work Package 3 OM will transfer the solution to the nine municipalities in Cultural Region Funen and also coordiante the set up of a rent-an-expert programme for AoP.

974 / 1,000 characters

Has this organisation ever been a partner in the project(s) implemented in the Interreg Baltic Sea Region Programme?

Yes No

2.2 Project Partner Details - Partner 2

LP/PP	<input type="text" value="Project Partner"/>		
Partner Status	<input type="text" value="Active"/>		
Active from	<input type="text" value="22/09/2022"/>	Inactive from	<input type="text"/>

Partner name:

Organisation in original language	<input type="text" value="Senatorin für Gesundheit, Frauen und Verbraucherschutz der Freien und Hansestadt Bremen"/> <small>98 / 250 characters</small>
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98 / 250 characters

Organisation in English	Ministry for health, women and consumer Protection of the Free Hanseatic City of Bremen	95 / 250 characters
Department in original language	Referat für Psychiatrie und Sucht	41 / 250 characters
Department in English	Mental Health and Addiction Department	47 / 250 characters

Partner location and website:

Address	Contrescarpe 72	15 / 250 characters	Country	Germany
Postal Code	28195	5 / 250 characters	NUTS1 code	Bremen
Town	Bremen	6 / 250 characters	NUTS2 code	Bremen
Website	www.gesundheit.bremen.de	24 / 100 characters	NUTS3 code	Bremen, Kreisfreie Stadt

Partner ID:

Organisation ID type	Tax (identification) number (Steuer(identifikations)nummer)			
Organisation ID	DE327599897	11 / 50 characters		
VAT Number Format	DE + 9 digits			
VAT Number	N/A <input type="checkbox"/> DE327599897	11 / 50 characters		
PIC				0 / 9 characters

Partner type:

Legal status	a) Public	
Type of partner	Regional public authority	Regional council, etc.
Sector (NACE)	84.12 - Regulation of the activities of providing health care, education, cultural services and other social services, excluding social security	

Partner financial data:

Is your organisation entitled to recover VAT related to the EU funded project activities? No

Role of the partner organisation in this project:

The Free Hanseatic City of Bremen, Ministry for Health, Women and Consumer Protection, will carry out an arts on prescription pilot programme in the city of Bremen in close cooperation with Bremer Volkshochschule. In the preparation and implementation of this pilot the Ministry will make use of know-how in training and employing former mental health patients working as support workers and recovery guides in the field of mental health. This experience will be shared with the other partners in the preparation of the arts on prescription programme and practitioner's guide. The Ministry will coordinate the train-the-trainers programme (GoA 1.5). In Wp3, the Ministry will organise a seminar on arts on prescription addressed at cities and regions in Germany. The ministry closely collaborates with the chambers of physicians and psychotherapists. For the dissemination of the project results the ministry is already in contact with the ministry of health in Schleswig Holstein.

983 / 1,000 characters

Has this organisation ever been a partner in the project(s) implemented in the Interreg Baltic Sea Region Programme?

Yes No

2.2 Project Partner Details - Partner 3

LP/PP

Partner Status

Active from **Inactive from**

Partner name:

Organisation in original language 53 / 250 characters

Organisation in English 76 / 250 characters

Department in original language 30 / 250 characters

Department in English 59 / 250 characters

Partner location and website:

Address 23 / 250 characters **Country**

Postal Code 13 / 250 characters **NUTS1 code**

Town 6 / 250 characters **NUTS2 code**

Website 25 / 100 characters **NUTS3 code**

Partner ID:

Organisation ID type

Organisation ID 18 / 50 characters

VAT Number Format

VAT Number N/A 11 / 50 characters

PIC 0 / 9 characters

Partner type:

Legal status

Type of partner

Sector (NACE)

Partner financial data:

Is your organisation entitled to recover VAT related to the EU funded project activities?

Role of the partner organisation in this project:

The Bremen Adult Education Centre (Bremer Volkshochschule) is a municipal enterprise of the City of Bremen according to § 26 para. 2 LHO in the portfolio of the Ministry for Culture. With more than 1,000 employees from 58 countries, it is the largest provider of further education in Bremen. For the implementation of piloting (WP2) of arts on prescription, the Bremen Adult Education Center will establish structures that ensure that participants of the target group can take part in open programs in the field of cultural education within a protected framework. For this purpose, two functional positions will be created, that of the health coach and the cultural coach. They will ensure that all relevant people involved in this process are informed and that the necessary preparations are made for safe participation. A project manager will be responsible for presenting the project within the institution as well as in the community in the different committees (WP3).

972 / 1,000 characters

Has this organisation ever been a partner in the project(s) implemented in the Interreg Baltic Sea Region Programme?

Yes No

2.2 Project Partner Details - Partner 4

LP/PP	<input type="text" value="Project Partner"/>		
Partner Status	<input type="text" value="Active"/>		
	Active from	<input type="text" value="22/09/2022"/>	Inactive from
		<input type="text"/>	<input type="text"/>

Partner name:

Organisation in original language	<input type="text" value="Syddansk Universitet (SDU)"/>		
	26 / 250 characters		
Organisation in English	<input type="text" value="University of Southern Denmark"/>		
	30 / 250 characters		
Department in original language	<input type="text" value="The National Institute of Public Health"/>		
	39 / 250 characters		
Department in English	<input type="text" value="Statens Institut for Folkesundhed (SIF)"/>		
	39 / 250 characters		

Partner location and website:

Address	<input type="text" value="Studiestræde 6"/>	Country	<input type="text" value="Denmark"/>
	14 / 250 characters		
Postal Code	<input type="text" value="1455"/>	NUTS1 code	<input type="text" value="Danmark"/>
	4 / 250 characters		
Town	<input type="text" value="København"/>	NUTS2 code	<input type="text" value="Hovedstaden"/>
	9 / 250 characters		
Website	<input type="text" value="www.sdu.dk/da/sif"/>	NUTS3 code	<input type="text" value="Byen København"/>
	17 / 100 characters		

Partner ID:

Organisation ID type	<input type="text" value="Civil registration number (CPR)"/>		
Organisation ID	<input type="text" value="29283958"/>		
VAT Number Format	<input type="text" value="DK + 8 digits"/>		
VAT Number	<input type="checkbox"/> N/A	<input type="text" value="DK29 28 39 58"/>	
		13 / 50 characters	
PIC	<input type="text"/>		
	0 / 9 characters		

Partner type:

Legal status

Type of partner

Sector (NACE)

Partner financial data:

Is your organisation entitled to recover VAT related to the EU funded project activities?

Role of the partner organisation in this project:

The partner will contribute to the overall evaluation of the AoP project, i.e., the quantitative, health economic, and qualitative evaluations. The quantitative evaluation will consist of an evaluation of the effect of the program in terms of alleviating mental disorder symptoms and enhancing mental wellbeing, as well as assessments of Wellbeing Adjusted Life Years (WALY). The economic evaluation will consist of a cost-benefit analysis based on the costs of the project compared to the overall effectiveness of it, as well as a calculation of the social value of the AoP project. The qualitative evaluations will consist of process evaluations of the AoP initiatives across partnering organizations and explore barriers and supporting factors to the organization and implementation of these initiatives. The partner will also contribute to the recommendations for national support measures, especially concerning the economics of arts on prescription programmes.

966 / 1,000 characters

Has this organisation ever been a partner in the project(s) implemented in the Interreg Baltic Sea Region Programme?

Yes No

State aid relevance

For the partner type selected, the Programme sees a medium to high risk for implementing State aid relevant activities. If the partner is of the opinion that its activities are not State aid relevant, it can ask the MAJS for a plausibility check on the State aid relevance. Does the partner want to do this?

Yes No

2.2 Project Partner Details - Partner 5

LP/PP

Partner Status

Active from **Inactive from**

Partner name:

Organisation in original language 30 / 250 characters

Organisation in English 18 / 250 characters

Department in original language 19 / 250 characters

Department in English 25 / 250 characters

Partner location and website:

Address 13 / 250 characters **Country**

Postal Code	<input type="text" value="LV 4101"/> <small>7 / 250 characters</small>	NUTS1 code	<input type="text" value="Latvija"/>
Town	<input type="text" value="Cesis"/> <small>5 / 250 characters</small>	NUTS2 code	<input type="text" value="Latvija"/>
Website	<input type="text" value="www.cesis.lv"/> <small>12 / 100 characters</small>	NUTS3 code	<input type="text" value="Vidzeme"/>

Partner ID:

Organisation ID type	<input type="text" value="Unified registration number (Vienotais reģistrācijas numurs)"/>		
Organisation ID	<input type="text" value="90000031048"/>		
VAT Number Format	<input type="text" value="LV + 11 digits"/>		
VAT Number	<input type="checkbox"/> N/A	<input type="text" value="LV90000031048"/> <small>13 / 50 characters</small>	
PIC	<input type="text" value="927751845"/> <small>9 / 9 characters</small>		

Partner type:

Legal status	<input type="text" value="a) Public"/>		
Type of partner	<input type="text" value="Local public authority"/>	<input type="text" value="Municipality, city, etc."/>	
Sector (NACE)	<input type="text" value="84.11 - General public administration activities"/>		

Partner financial data:

Is your organisation entitled to recover VAT related to the EU funded project activities?

Role of the partner organisation in this project:

Cesis Municipality is currently implementing a small-scale pilot on "museums on prescription" in which the municipality's staff has collected first experience with implementing arts on prescription programmes. This experience will feed into the preparation of the generic AoP programme (GoA 1.1) and the practitioner's guide (GoA 1.2). Cesis will actively contribute to both GoAs and coordinate the collaboration of the partners on the practitioner's guide as well as the creation and design of the website for the guide. In the piloting of the model programme in WP2, Cesis will explore the potential of museums in cooperating with the medical and social services of the municipality. Cesis will actively contribute to the knowledge transfer (3.2) and national dialogue process on AoP in Latvia (3.5), both of which it will organise jointly with Saldus Municipality.

870 / 1,000 characters

Has this organisation ever been a partner in the project(s) implemented in the Interreg Baltic Sea Region Programme?

Yes No

2.2 Project Partner Details - Partner 6

LP/PP	<input type="text" value="Project Partner"/>		
Partner Status	<input type="text" value="Active"/>		
Active from	<input type="text" value="22/09/2022"/>	Inactive from	<input type="text"/>

Partner name:

Organisation in original language	<input type="text" value="Saldus novada pašvaldība"/> <small>33 / 250 characters</small>
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33 / 250 characters

Organisation in English 37 / 250 characters

Department in original language 24 / 250 characters

Department in English 30 / 250 characters

Partner location and website:

Address	<input type="text" value="Striķu street 3"/> 23 / 250 characters	Country	<input type="text" value="Latvia"/>
Postal Code	<input type="text" value="LV-3801"/> 15 / 250 characters	NUTS1 code	<input type="text" value="Latvija"/>
Town	<input type="text" value="Saldus"/> 6 / 250 characters	NUTS2 code	<input type="text" value="Latvija"/>
Website	<input type="text" value="www.saldus.lv"/> 13 / 100 characters	NUTS3 code	<input type="text" value="Kurzeme"/>

Partner ID:

Organisation ID type

Organisation ID

VAT Number Format

VAT Number N/A 13 / 50 characters

PIC 0 / 9 characters

Partner type:

Legal status

Type of partner

Sector (NACE)

Partner financial data:

Is your organisation entitled to recover VAT related to the EU funded project activities?

Role of the partner organisation in this project:

Saldus district municipality will play an active role in implementing project activities in Latvia transferring and adapting the idea to the local context. together with PP5 will run WP2, and contribute to the implementation of all the other activities, thus carrying out 3 piloting courses in Saldus and supporting methodological implementation of the programme as well as knowledge transfer on a regional and national level. Saldus will also be responsible for producing video material for the practitioner's guide and information package.

542 / 1,000 characters

Has this organisation ever been a partner in the project(s) implemented in the Interreg Baltic Sea Region Programme?

Yes No

2.2 Project Partner Details - Partner 7

LP/PP	<input type="text" value="Project Partner"/>		
Partner Status	<input type="text" value="Active"/>		
	Active from	<input type="text" value="22/09/2022"/>	Inactive from
		<input type="text"/>	<input type="text"/>

Partner name:

Organisation in original language	<input type="text" value="Województwo Zachodniopomorskie"/>		
			<small>30 / 250 characters</small>
Organisation in English	<input type="text" value="Westpomeranian Region"/>		
			<small>21 / 250 characters</small>
Department in original language	<input type="text" value="-/-"/>		
			<small>3 / 250 characters</small>
Department in English	<input type="text" value="-/-"/>		
			<small>3 / 250 characters</small>

Partner location and website:

Address	<input type="text" value="Korsarzy 34"/>	Country	<input type="text" value="Poland"/>
	<small>11 / 250 characters</small>		
Postal Code	<input type="text" value="70-540"/>	NUTS1 code	<input type="text" value="Makroregion północno-zachodni"/>
	<small>6 / 250 characters</small>		
Town	<input type="text" value="Szczecin"/>	NUTS2 code	<input type="text" value="Zachodniopomorskie"/>
	<small>8 / 250 characters</small>		
Website	<input type="text" value="www.wzp.pl"/>	NUTS3 code	<input type="text" value="Szczeciński"/>
	<small>10 / 100 characters</small>		

Partner ID:

Organisation ID type	<input type="text" value="Tax identification number (NIP)"/>		
Organisation ID	<input type="text" value="8512871498"/>		
VAT Number Format	<input type="text" value="PL + 10 digits"/>		
VAT Number	<input type="checkbox" value="N/A"/> <input type="checkbox" value="PL8512871498"/>		<small>12 / 50 characters</small>
PIC	<input type="text" value="900015180"/>		
			<small>9 / 9 characters</small>

Partner type:

Legal status	<input type="text" value="a) Public"/>		
Type of partner	<input type="text" value="Regional public authority"/>	<input type="text" value="Regional council, etc."/>	
Sector (NACE)	<input type="text" value="84.11 - General public administration activities"/>		

Partner financial data:

Is your organisation entitled to recover VAT related to the EU funded project activities?	<input type="text" value="No"/>
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Role of the partner organisation in this project:

Westpomeranian region will pilot the model AoP programme in one city in the region and one urban-rural commune. The targeted participants of the AoP programme are school age children (7-14) who have suffered from the psychological effects of the COVID-19 pandemic and lockdowns. Local cultural centers (communal or municipal), schools/school psychologists and the Academy of Art in Szczecin will be involved. Westpomerania will coordinate GoA 3.1 on the upscaling of AoP programmes in the partner cities and regions and organise knowledge transfer and dialogue on AoP support in Poland together with Media Dizajn. Furthermore, Westpomeranian Region will organise one international conference or seminar on AoP in GoA 3.5, possibly alongside the European Week of Regions and Cities, with the aim to demonstrate how arts-based interventions can be better used in the future to benefit the health and well-being of citizens and show cities and regions how they can support this process.

984 / 1,000 characters

Has this organisation ever been a partner in the project(s) implemented in the Interreg Baltic Sea Region Programme?

Yes No

2.2 Project Partner Details - Partner 8

LP/PP	Project Partner		
Partner Status	Active		
	Active from	22/09/2022	Inactive from

Partner name:

Organisation in original language	Stowarzyszenie Media Dizajn			27 / 250 characters
Organisation in English	Media Dizajn			12 / 250 characters
Department in original language	n/a			3 / 250 characters
Department in English	n/a			3 / 250 characters

Partner location and website:

Address	Bandurskiego 96/23		18 / 250 characters	Country	Poland
Postal Code	71-685		6 / 250 characters	NUTS1 code	Makroregion północno-zachodni
Town	Szczecin		8 / 250 characters	NUTS2 code	Zachodniopomorskie
Website	www.mediadizajn.pl		18 / 100 characters	NUTS3 code	Miasto Szczecin

Partner ID:

Organisation ID type	Tax identification number (NIP)			
Organisation ID	8513081841			
VAT Number Format	PL + 10 digits			
VAT Number	<input type="checkbox"/> N/A	PL8513081841		12 / 50 characters
PIC	950143713			9 / 9 characters

Partner type:

Legal status

Type of partner

Sector (NACE)

Partner financial data:

Is your organisation entitled to recover VAT related to the EU funded project activities?

Financial data	Reference period		
	<input type="text" value="01/01/2021"/>	-	<input type="text" value="31/12/2021"/>
Staff headcount [in annual work units (AWU)]			<input type="text" value="26.5"/>
Employees [in AWU]			<input type="text" value="8.5"/>
Persons working for the organisation being subordinated to it and considered to be employees under national law [in AWU]			<input type="text" value="14.0"/>
Owner-managers [in AWU]			<input type="text" value="4.0"/>
Partners engaged in a regular activity in the organisation and benefiting from financial advantages from the organisation [in AWU]			<input type="text" value="0.0"/>
Annual turnover [in EUR]			<input type="text" value="276,089.00"/>
Annual balance sheet total [in EUR]			<input type="text" value="128,695.00"/>
Operating profit [in EUR]			<input type="text" value="0.00"/>

Role of the partner organisation in this project:

Media Dizajn will be involved in all the projects activities with a special role in evaluation process, pilot activities, preparation of information package as well as in design process of information materials. The pilot structure will be developed together with polish partner Marshall Office as well as Academy of Art. PP8 will implement the pilot in Szczecin. Pilot will take place in the Incubator of Art. We will work with 2 groups - one age 9=14 another 15-18. Both groups will have the same programme adjusted to their perception and need. We will use different art techniques: - visual art, music, theatre. The group will be around 15 people and the program will last 60 h each. During the pilots we will collect the data needed for the evaluation process. Beside the piloting, Media Dizajn will coordinate the preparation and design of the AoP information package and contribute to the working group that prepares the evaluation framework and coordinates the evaluation of the pilots.

996 / 1,000 characters

Has this organisation ever been a partner in the project(s) implemented in the Interreg Baltic Sea Region Programme?

Yes No

2.2 Project Partner Details - Partner 9

LP/PP

Partner Status

Active from **Inactive from**

Partner name:

Organisation in original language 100 / 250 characters

Organisation in English 103 / 250 characters

Department in original language 3 / 250 characters

Department in English 3 / 250 characters

Partner location and website:

Address	Wollmar Yxkullsgatan 23 <small>31 / 250 characters</small>	Country	Sweden
Postal Code	SE-118 50 <small>17 / 250 characters</small>	NUTS1 code	Östra Sverige
Town	Stockholm <small>16 / 250 characters</small>	NUTS2 code	Stockholm
Website	www.ndphs.org <small>23 / 100 characters</small>	NUTS3 code	Stockholms län

Partner ID:

Organisation ID type	Organisation number (Organisationsnummer)
Organisation ID	934003-4041
VAT Number Format	SE + 12 digits
VAT Number	N/A <input checked="" type="checkbox"/> <small>0 / 50 characters</small>
PIC	892266432 <small>9 / 9 characters</small>

Partner type:

Legal status	a) Public	
Type of partner	International governmental organisation	HELCOM, BSSSC, CBSS, VASAB, etc.
Sector (NACE)	99.00 - Activities of extraterritorial organisations and bodies	

Partner financial data:

Is your organisation entitled to recover VAT related to the EU funded project activities? Partly

VAT explanation

The NDPHS Secretariat is entitled to a refund of Value Added Tax and Excise Duties for purchases made for official use in accordance with the list provided by the Swedish Tax Agency:
<https://www.government.se/49bbcf/globalassets/government/dokument/utrikesdepartementet/diplomatportalen/diplomatguiden/guidelines-for-diplomatic-missions-career-consulates-and-international-organisations.pdf>

399 / 1,000 characters

Role of the partner organisation in this project:

The Northern Dimension Partnership in Public Health and Social Well-being (NDPHS) is the coordinator of PA Health in the EUSBSR. It provides a platform for expert-level cooperation of partner countries, the European Commission and international organisations with the aim of leading the way to sustainable and inclusive societies with equal opportunities for good health and well-being. NDPHS Secretariat will lead WP 3. In this role, NDPHS Secretariat will make use of its processes and networks within NDPHS/PA Health. Our role will include: providing input and advice to all activities making use of the NDPHS/PA Health network expertise, communicating and transferring project results to key stakeholders, supporting regional knowledge transfer through established channels of NDPHS/PA Health, taking leadership in the development of recommendations for national AoP schemes and contributing to the sustainability of the project outcomes by embedding them in processes of NDPHS/PA Health.

993 / 1,000 characters

Has this organisation ever been a partner in the project(s) implemented in the Interreg Baltic Sea Region Programme?

Yes No

2.2 Project Partner Details - Partner 10

LP/PP

Partner Status

Active from **Inactive from**

Partner name:

Organisation in original language 21 / 250 characters

Organisation in English 35 / 250 characters

Department in original language 29 / 250 characters

Department in English 34 / 250 characters

Partner location and website:

Address 16 / 250 characters **Country**

Postal Code 6 / 250 characters **NUTS1 code**

Town 12 / 250 characters **NUTS2 code**

Website 27 / 100 characters **NUTS3 code**

Partner ID:

Organisation ID type

Organisation ID

VAT Number Format

VAT Number N/A 14 / 50 characters

PIC 0 / 9 characters

Partner type:

Legal status

Type of partner

Sector (NACE)

Partner financial data:

Is your organisation entitled to recover VAT related to the EU funded project activities?

Role of the partner organisation in this project:

Sunderby folk high School will contribute to the preparation of the generic Arts on prescription programme, adapt the programme to regional/local context, pilot arts on prescription together with Region Norrbotten and AO8 and AO9 and work with knowledge transfer to other stakeholders in Norrbotten and beyond in WP3, coordinating GoAs 3.2 and 3.3. In the pilot Sunderby folk high school will coordinate the regional pilots both in implementation and in the follow-up as well as have the role as contact person to the participants. The two partners from Norrbotten will work in the geographical area of Luleå and Boden municipalities. Targeted participants are people with mild mental health issues who are patients in the primary care. Our other target group is persons in contact with the coordination agency of southern Norrbotten who often has a more complex life situation and have support from two or more social authorities.

932 / 1,000 characters

Has this organisation ever been a partner in the project(s) implemented in the Interreg Baltic Sea Region Programme?

Yes No

2.2 Project Partner Details - Partner 11

LP/PP	Project Partner		
Partner Status	Active		
	Active from	22/09/2022	Inactive from

Partner name:

Organisation in original language	Region Norrbotten			17 / 250 characters
Organisation in English	Norrbotten Region			26 / 250 characters
Department in original language	Kulturenheten			13 / 250 characters
Department in English	Department of Culture			21 / 250 characters

Partner location and website:

Address	Roberts viksgatan 7	18 / 250 characters	Country	Sweden
Postal Code	S-971 89	8 / 250 characters	NUTS1 code	Norra Sverige
Town	Luleå	5 / 250 characters	NUTS2 code	Övre Norrland
Website	www.norrbotten.se	25 / 100 characters	NUTS3 code	Norrbottens län

Partner ID:

Organisation ID type	Organisation number (Organisationsnummer)				
Organisation ID	232100-0230				
VAT Number Format	SE + 12 digits				
VAT Number	N/A <input type="checkbox"/>	SE232100023001	14 / 50 characters		
PIC					0 / 9 characters

Partner type:

Legal status

Type of partner

Sector (NACE)

Partner financial data:

Is your organisation entitled to recover VAT related to the EU funded project activities?

Role of the partner organisation in this project:

Region Norrbotten will contribute to the preparation of the generic arts on prescription programme, and together with Sunderby Folk High School adapt the programme to the regional/local context and pilot arts on prescription in Norrbotten. The two partners from Norrbotten will work in the geographical area of Luleå and Boden municipalities in collaboration with the Coordination Agency of Southern Norrbotten for recruitment of participants. The association of cultural workers KUBN will conduct the courses with the participants. Targeted participants are people with mild mental health issues who are patients in the primary care. Our other target group is persons in contact with the coordination agency of southern Norrbotten who often has a more complex life situation and have support from two or more social authorities. Region Norrbotten also has a special interest in developing the role and knowledge of art pedagogues.

934 / 1,000 characters

Has this organisation ever been a partner in the project(s) implemented in the Interreg Baltic Sea Region Programme?

Yes No

2.2 Project Partner Details - Partner 12

LP/PP

Partner Status

Active from **Inactive from**

Partner name:

Organisation in original language 27 / 250 characters

Organisation in English 36 / 250 characters

Department in original language 13 / 250 characters

Department in English 45 / 250 characters

Partner location and website:

Address	<input type="text" value="Joukahaisenkatu 3"/> <small>17 / 250 characters</small>	Country	<input type="text" value="Finland"/>
Postal Code	<input type="text" value="20520"/> <small>5 / 250 characters</small>	NUTS1 code	<input type="text" value="Manner-Suomi"/>
Town	<input type="text" value="Turku"/> <small>6 / 250 characters</small>	NUTS2 code	<input type="text" value="Etelä-Suomi"/>
Website	<input type="text" value="www.turkuamk.fi"/> <small>15 / 100 characters</small>	NUTS3 code	<input type="text" value="Varsinais-Suomi"/>

Partner ID:

Organisation ID type	Business Identity Code (Y-tunnus)		
Organisation ID	2528160-3		
VAT Number Format	FI + 8 digits		
VAT Number	N/A <input type="checkbox"/>	FI25281603	<small>10 / 50 characters</small>
PIC	948193431		<small>9 / 9 characters</small>

Partner type:

Legal status	a) Public		
Type of partner	Higher education and research instituti	University faculty, college, research institution, RTD facility, research cluster, etc.	
Sector (NACE)	85.42 - Tertiary education		

Partner financial data:

Is your organisation entitled to recover VAT related to the EU funded project activities?

Role of the partner organisation in this project:

Turku University of Applied Sciences
 takes part in WP 1.2 preparing a draft structure of the practitioner's guide, and editing and publishing it on the project website (D1.1).
 takes part in WP1.3 preparing the arts on prescription information package (D1.3), as well as translating info materials in Finnish.
 takes the lead in WP 1.4 preparing and developing the evaluation framework (D1.4).
 takes part in WP 1.5 preparing and implementing the training programme (D1.5).
 takes part in WP 2.4 process and final evaluation of the programme by compiling and interpreting collected data and presenting results to partners, as well as preparing scholarly publications on evaluation results.
 takes part in WP 3.2 knowledge transfer at the regional level, including organizing a knowledge transfer seminar in Finland in 2025.
 takes part in WP 3.5 recommendations for national arts on prescription support programmes, including submitting a status report on discussions on national AoP programmes.

1,000 / 1,000 characters

Has this organisation ever been a partner in the project(s) implemented in the Interreg Baltic Sea Region Programme?

Yes No

State aid relevance

For the partner type selected, the Programme sees a medium to high risk for implementing State aid relevant activities. If the partner is of the opinion that its activities are not State aid relevant, it can ask the MAJS for a plausibility check on the State aid relevance. Does the partner want to do this?

Yes No

2.2 Project Partner Details - Partner 13

LP/PP	Project Partner		
Partner Status	Active		
Active from	22/09/2022	Inactive from	

Partner name:

Organisation in original language	Lietuvos sveikatos mokslų universitetas	<small>39 / 250 characters</small>
Organisation in English	Lithuanian University of Health Sciences	<small>40 / 250 characters</small>

Department in original language 37 / 250 characters

Department in English 40 / 250 characters

Partner location and website:

Address	<input type="text" value="A. Mickevičiaus g. 9"/> 20 / 250 characters	Country	<input type="text" value="Lithuania"/>
Postal Code	<input type="text" value="LT44307"/> 7 / 250 characters	NUTS1 code	<input type="text" value="Lietuva"/>
Town	<input type="text" value="Kaunas"/> 6 / 250 characters	NUTS2 code	<input type="text" value="Vidurio ir vakarų Lietuvos regionas"/>
Website	<input type="text" value="www.lsmuni.lt"/> 13 / 100 characters	NUTS3 code	<input type="text" value="Kauno apskritis"/>

Partner ID:

Organisation ID type

Organisation ID

VAT Number Format

VAT Number N/A 14 / 50 characters

PIC 0 / 9 characters

Partner type:

Legal status

Type of partner

Sector (NACE)

Partner financial data:

Is your organisation entitled to recover VAT related to the EU funded project activities?

Role of the partner organisation in this project:

LSMU is the leading university of Medical Sciences in the region and plays an important part in shaping the well-being environment in the country. Different aspects of research interests give LSMU the ability to provide valuable knowledge input for the AoP project's evaluation developing phase and to provide a basis to communicate AoP project results in Lithuania. A variety of experts in psychology, public healthcare, design and art therapy could help to create and formulate the model of the programme concentrating on the participant's experiences as well as the impact of the model on the aims of participating organisations. Beside contributing to the evaluation activities, LSMU will also facilitate the transfer of the model AoP programme to target groups in Lithuania (such as Kaunas City Public Health Bureau, AO13).

827 / 1,000 characters

Has this organisation ever been a partner in the project(s) implemented in the Interreg Baltic Sea Region Programme?

Yes No

State aid relevance

For the partner type selected, the Programme sees a medium to high risk for implementing State aid relevant activities. If the partner is of the opinion that its activities are not State aid relevant, it can ask the MAJS for a plausibility check on the State aid relevance. Does the partner want to do this?

Yes No

2.3 Associated Organisation Details - AO 1

Associated organisation name and type:

Organisation in original language	Kulturregion Fyn		<small>16 / 250 characters</small>
Organisation in English	Cultural Region Funen		<small>30 / 250 characters</small>
Department in original language	-/-		<small>3 / 250 characters</small>
Department in English	-/-		<small>3 / 250 characters</small>
Legal status	a) Public		
Type of associated organisation	Local public authority	Municipality, city, etc.	

Associated organisation location and website:

Address	Odense Slot Nørregade 36-38, postboks 730	<small>41 / 250 characters</small>	Country	Denmark
Postal Code	5000	<small>4 / 250 characters</small>		
Town	Odense C	<small>8 / 250 characters</small>		
Website	www.kulturregionfyn.dk	<small>22 / 100 characters</small>		

Role of the associated organisation in this project:

Kulturregion Fyn is an association of nine municipalities on the island of Funen in Denmark that enters four-year cultural agreements with the Danish Ministry of Culture. Within the current agreement Kulturregionen Fyn is working with an Arts on Prescription programme in 2022-2023. Kulturregionen Fyn is interested in bringing the knowledge and findings from this programme in Funen into the Baltic Sea Region project and vice-versa and will offer its expertise for the creation of the generic concept and practitioner's guide. Kulturregion Fyn is also interested in facilitating the transfer and adoption of the solution developed in the Interreg project in the nine municipalities. The model programme and practitioner's guide will be presented in all and tested in some municipalities in the transfer and post-project phase.

828 / 1,000 characters

2.3 Associated Organisation Details - AO 2

Associated organisation name and type:

Organisation in original language	Baltic Sea States Subregional Co-operation		<small>50 / 250 characters</small>
Organisation in English	Baltic Sea States Subregional Co-operation		<small>51 / 250 characters</small>
Department in original language	Westpomerania Region Baltic Sea Cooperation Bureau		<small>58 / 250 characters</small>
Department in English	Westpomerania Region Baltic Sea Cooperation Bureau		<small>59 / 250 characters</small>
Legal status	a) Public		
Type of associated organisation	Interest group	Trade union, foundation, charity, voluntary association, club, etc. other than NGOs	

Associated organisation location and website:

Address	Korsarzy 34	<small>19 / 250 characters</small>	Country	Poland
Postal Code	70-540	<small>14 / 250 characters</small>		
Town	Szczecin	<small>15 / 250 characters</small>		
Website	www.bsssc.com	<small>22 / 100 characters</small>		

Role of the associated organisation in this project:

Culture and creativity is one of important policy areas for the BSSSC. The Organization states that culture is needed more than ever as a driving force for societal resilience and human interaction. BSSSC will focus on strengthening and integrating cooperation to promote project results and opportunities for implementation of AoP solutions in the Baltic Sea Region. BSSSC will also encourage national governments in the Baltic Sea Region to facilitate and support initiatives and projects for Arts on Prescription programmes. BSSSC will capitalise on the results of the project in its future activities related to EUSBSR Policy Area Culture

645 / 1,000 characters

2.3 Associated Organisation Details - AO 3

Associated organisation name and type:

Organisation in original language	Akademia Sztuki w Szczecinie		<small>36 / 250 characters</small>
Organisation in English	Academy of Art in Szczecin		<small>34 / 250 characters</small>
Department in original language	Dział Pozyskiwania Funduszy		<small>27 / 250 characters</small>
Department in English	Fund Raising Department		<small>23 / 250 characters</small>
Legal status	a) Public		
Type of associated organisation	Higher education and research instituti	University faculty, college, research institution, RTD facility, research cluster, etc.	

Associated organisation location and website:

Address	Orla Białego 1	<small>14 / 250 characters</small>	Country	Poland
Postal Code	70-562	<small>6 / 250 characters</small>		
Town	Szczecin	<small>8 / 250 characters</small>		
Website	www.akademiasztuki.eu			<small>21 / 100 characters</small>

Role of the associated organisation in this project:

Academy of Art in Szczecin will provide access to specialized knowledge and experts in the field of culture and creative industries. It will take an active part in the process of regional policy change to introduce a new solution. It will support project partners – Westpomeranian Region and Media Dizajn Association with its experience and knowledge during the implementation of the pilot action.

The Academy of Art in Szczecin offers opportunities to study in the specialization of art therapy (second-degree studies) at the Faculty of Music Education (major: artistic education in the field of musical art), so the experience of participation in the AoP project will be used in the process of education of future students and creating human resources for the implementation of the “Arts on Prescription” programme.

819 / 1,000 characters

2.3 Associated Organisation Details - AO 4

Associated organisation name and type:

Organisation in original language	Region Syddanmark		17 / 250 characters
Organisation in English	Region of Southern Denmark		35 / 250 characters
Department in original language	Regional udvikling, Sundhedsinnovation og Kultur		57 / 250 characters
Department in English	Regional development, Health Innovation and Culture		60 / 250 characters
Legal status	a) Public		
Type of associated organisation	Regional public authority	Regional council, etc.	

Associated organisation location and website:

Address	Damhaven 12	11 / 250 characters	Country	Denmark
Postal Code	7100	4 / 250 characters		
Town	Vejle	5 / 250 characters		
Website	www.rsyd.dk	20 / 100 characters		

Role of the associated organisation in this project:

The Region of Southern Denmark has in collaboration with the Design School Kolding and the University of Southern Denmark developed and tested the tool "CiF" Communities in Focus". CiF is a tool that can be used to create communities around interventions such as AoP, and hereby support social interaction and connection between the AoP participants. CiF can also facilitate the crucial community of practice in the intersection of the social and culture departments in relation to AoP as it support upon other things the development of structure, clear communication, and a common narrative. As an associated partner The Region of Southern Denmark adjusts CiF to the target groups of AoP. The CiF will hereafter be included in the practitioner's guide for local adaption. Staff from The Region of Southern Denmark will further on take part in the training-of-trainers workshop by introducing the participants to CiF.

919 / 1,000 characters

2.3 Associated Organisation Details - AO 5

Associated organisation name and type:

Organisation in original language	Northern Dimension Partnership on Culture		<small>49 / 250 characters</small>
Organisation in English	Northern Dimension Partnership on Culture		<small>49 / 250 characters</small>
Department in original language	-/-		<small>3 / 250 characters</small>
Department in English	-/-		<small>3 / 250 characters</small>
Legal status	a) Public		
Type of associated organisation	International governmental organisatio	HELCOM, BSSSC, CBSS, VASAB, etc.	

Associated organisation location and website:

Address	Grecinieku street 9	<small>27 / 250 characters</small>	Country	Latvia
Postal Code	LV-1050	<small>16 / 250 characters</small>		
Town	Riga	<small>12 / 250 characters</small>		
Website	https://ndpculture.org/			<small>31 / 100 characters</small>

Role of the associated organisation in this project:

NDPC will support partners with its expertise and advice in the field of cross-innovation and cross-sectorial cooperation in arts and wellbeing. NDPC will disseminate the information on the project activities and the results within own network and social media channels. NDPC will integrate the project information as much as possible within own projects of arts and wellbeing, that includes the policy level and the piloting practices.

436 / 1,000 characters

2.3 Associated Organisation Details - AO 6

Associated organisation name and type:

Organisation in original language	<input type="text" value="Taiteen edistämiskeskus"/>	31 / 250 characters
Organisation in English	<input type="text" value="Arts Promotion Centre"/>	28 / 250 characters
Department in original language	<input type="text" value="Kulttuurihyvinvoinnin asiantuntijapalvelut"/>	50 / 250 characters
Department in English	<input type="text" value="Art, Health and Wellbeing Advisory services"/>	43 / 250 characters
Legal status	<input type="text" value="a) Public"/>	
Type of associated organisation	<input type="text" value="Infrastructure and public service provi"/>	<input type="text" value="Public transport, utility company (water supply, electricity supply, sewage, gas, waste collection, airport, port, railway, etc.)"/>

Associated organisation location and website:

Address	<input type="text" value="Hakaniemenranta 6"/>	25 / 250 characters	Country	<input type="text" value="Finland"/>
Postal Code	<input type="text" value="00531"/>	13 / 250 characters		
Town	<input type="text" value="Helsinki"/>	16 / 250 characters		
Website	<input type="text" value="www.taike.fi"/>	20 / 100 characters		

Role of the associated organisation in this project:

1. Help to spread know-how about the project results, e.g. the online arts on prescription manual
2. Participate in discussions about arts on prescription programmes in dialogue with project partners and national stakeholders
3. Review the draft of the online manual produced in the project, give advice to the piloting partners
4. Comment the evaluation framework produced in the project.

391 / 1,000 characters

2.3 Associated Organisation Details - AO 7

Associated organisation name and type:

Organisation in original language	<input type="text" value="Oulun kaupunki"/>	22 / 250 characters
Organisation in English	<input type="text" value="City of Oulu"/>	21 / 250 characters
Department in original language	<input type="text" value="Yleiset kulttuuripalvelut"/>	33 / 250 characters
Department in English	<input type="text" value="General Cultural Services"/>	31 / 250 characters
Legal status	<input type="text" value="a) Public"/>	
Type of associated organisation	<input type="text" value="Local public authority"/>	<input type="text" value="Municipality, city, etc."/>

Associated organisation location and website:

Address	<input type="text" value="Torikatu 10 A, P.O.Box 27"/>	33 / 250 characters	Country	<input type="text" value="Finland"/>
Postal Code	<input type="text" value="90015"/>	13 / 250 characters		
Town	<input type="text" value="Oulu"/>	13 / 250 characters		
Website	<input type="text" value="www.ouka.fi/oulu/english/culture-and-library"/>			
		53 / 100 characters		

Role of the associated organisation in this project:

The City of Oulu intends to help to spread know-how about the project results, e.g. the online arts on prescription manual and get mentoring from one or several of the project partners in the last year of the project to start or develop arts on prescription programme or pilots in the region.

294 / 1,000 characters

2.3 Associated Organisation Details - AO 8

Associated organisation name and type:

Organisation in original language	<input type="text" value="Samordningsförbundet Södra Norrbotten"/> <small>45 / 250 characters</small>	
Organisation in English	<input type="text" value="Coordination Agency of Southern Norrbotten"/> <small>50 / 250 characters</small>	
Department in original language	<input type="text" value="-/-"/> <small>3 / 250 characters</small>	
Department in English	<input type="text" value="-/-"/> <small>3 / 250 characters</small>	
Legal status	<input type="text" value="a) Public"/>	
Type of associated organisation	<input type="text" value="Sectoral agency"/>	<input type="text" value="Local or regional development agency, environmental agency, energy agency, employment agency, etc."/>

Associated organisation location and website:

Address	<input type="text" value="Box 353"/> <small>15 / 250 characters</small>	Country	<input type="text" value="Sweden"/>
Postal Code	<input type="text" value="971 10"/> <small>14 / 250 characters</small>		
Town	<input type="text" value="Luleå"/> <small>13 / 250 characters</small>		
Website	<input type="text" value="www.samordningnorrboten.se"/> <small>35 / 100 characters</small>		

Role of the associated organisation in this project:

The Coordination agency of Sothern Norrbotten will participate in the steering group of the Swedish part of the project. In WP 1 the Coordination Agency of Norrbotten will participate in developing the generic programme and the AoP manual. They will also contribute by raising awareness among health care personnel and organisations within the region as they regularly meet with different stakeholders and personnel. In WP 2 The Coordination agency will help in recruiting participants to the pilot and evaluate the pilot. Prepare recommendations for regional and national health and culture ministries/agencies and other key stakeholders and via their network of Coordination agencies in Sweden spread the word about the AoP programme.

736 / 1,000 characters

2.3 Associated Organisation Details - AO 9

Associated organisation name and type:

Organisation in original language	<input type="text" value="KUBN -Kultur för Unga och Barn i Norrbotten"/>	51 / 250 characters
Organisation in English	<input type="text" value="Culture for Youth and Children in Norrbotten"/>	52 / 250 characters
Department in original language	<input type="text" value="-/-"/>	3 / 250 characters
Department in English	<input type="text" value="-/-"/>	3 / 250 characters
Legal status	<input type="text" value="a) Public"/>	
Type of associated organisation	<input type="text" value="NGO"/>	<input type="text" value="Non-governmental organisations, such as Greenpeace, WWF, etc."/>

Associated organisation location and website:

Address	<input type="text" value="-/-"/>	3 / 250 characters	Country	<input type="text" value="Sweden"/>
Postal Code	<input type="text" value="-/-"/>	3 / 250 characters		
Town	<input type="text" value="Luleå"/>	13 / 250 characters		
Website	<input type="text" value="www.kubnorrboten.se"/>			
		28 / 100 characters		

Role of the associated organisation in this project:

Reference group in the work of developing a generic programme. Reference group in the work of implementing the generic programme to regional/national context in Norrbotten, Sweden. Providers of cultural activities in the pilot.

228 / 1,000 characters

2.3 Associated Organisation Details - AO 10

Associated organisation name and type:

Organisation in original language	Leibniz-Institut für Präventionsforschung und Epidemiologie - BIPS	74 / 250 characters
Organisation in English	Leibniz Institute for Prevention Research and Epidemiology - BIPS	71 / 250 characters
Department in original language	Abteilung Prävention und Evaluation	43 / 250 characters
Department in English	Department Prevention and Evaluation	44 / 250 characters
Legal status	a) Public	
Type of associated organisation	Higher education and research institution	University faculty, college, research institution, RTD facility, research cluster, etc.

Associated organisation location and website:

Address	Achterstrasse 30	24 / 250 characters	Country	Germany
Postal Code	28359	13 / 250 characters		
Town	Bremen	14 / 250 characters		
Website	www.bips-insitut.de	28 / 100 characters		

Role of the associated organisation in this project:

The Leibniz Institute for Prevention Research and Epidemiology - BIPS with its Leibniz Living Lab supports the partners from Bremen in the development and evaluation of participatory approaches in this project.

219 / 1,000 characters

2.3 Associated Organisation Details - AO 11

Associated organisation name and type:

Organisation in original language	<input type="text" value="FOKUS, Zentrum für Bildung und Teilhabe der Initiative zur sozialen Rehabilitation e.V."/>		<small>96 / 250 characters</small>
Organisation in English	<input type="text" value="FOKUS, Centre for Education and Participation of the Initiative for Social Rehabilitation e.V."/>		<small>103 / 250 characters</small>
Department in original language	<input type="text" value="-/-"/>		<small>3 / 250 characters</small>
Department in English	<input type="text" value="-/-"/>		<small>3 / 250 characters</small>
Legal status	<input type="text" value="a) Public"/>		
Type of associated organisation	<input type="text" value="Education/training centre and school"/>	<input type="text" value="Primary, secondary, pre-school, vocational training, etc."/>	

Associated organisation location and website:

Address	<input type="text" value="Gröpelinger Heerstraße 246a"/>	<small>35 / 250 characters</small>	Country	<input type="text" value="Germany"/>
Postal Code	<input type="text" value="28237"/>	<small>12 / 250 characters</small>		
Town	<input type="text" value="Bremen"/>	<small>6 / 250 characters</small>		
Website	<input type="text" value="https://fokus-fortbildung.de/"/>			<small>37 / 100 characters</small>

Role of the associated organisation in this project:

FOKUS, Zentrum für Bildung und Teilhabe der Initiative zur sozialen Rehabilitation e.V. as the provider of the empowerment college will support the Bremen partners in the project. FOKUS has twenty years of experience with educational offers in community-oriented psychiatric care and user participation. They train peer supporter and support companies to employ them. Recovery and Empowerment are always in the focus of their work. The experience of mental illness and stigmatization is no longer sanctioned as a flaw and deficit, but valued as life experience and coping skills and used as a basis for inclusion and professional development, especially for young people. The Empowerment College, founded by the EU 2016-18, is an educational program of FOKUS for people with mental health problems, their relatives and professionals. In the college, people share their experiences with the illness and their personal coping strategies in relation to illness, disability and social exclusion

990 / 1,000 characters

2.3 Associated Organisation Details - AO 12

Associated organisation name and type:

Organisation in original language	Lūznavas muižas komplekss - Rēzeknes pašvaldības Maltas apvienības pārvaldes Lūznavas pagasta struktūrvienība	117 / 250 characters
Organisation in English	Luznava manor complex under Rēzekne Municipality Local Government Institution "Malta Union Administration"	114 / 250 characters
Department in original language	Lūznavas muiža	22 / 250 characters
Department in English	Luznava manor	21 / 250 characters
Legal status	a) Public	
Type of associated organisation	Local public authority	Municipality, city, etc.

Associated organisation location and website:

Address	Pils iela 8, Lūznavā, Rēzeknes novads	45 / 250 characters	Country	Latvia
Postal Code	LV-4627	15 / 250 characters		
Town	Rezekne	7 / 250 characters		
Website	www.luznavasmuiza.lv	28 / 100 characters		

Role of the associated organisation in this project:

Hosting activities, sharing experiences, organising project events, work with a target group in cooperation with Cesis Municipality. We will transfer to them our experience.

174 / 1,000 characters

2.3 Associated Organisation Details - AO 13

Associated organisation name and type:

Organisation in original language	Kauno miesto savivaldybės visuomenės sveikatos biuras		<small>61 / 250 characters</small>
Organisation in English	Kaunas city Municipality public health Bureau		<small>53 / 250 characters</small>
Department in original language	-/-		<small>3 / 250 characters</small>
Department in English	-/-		<small>3 / 250 characters</small>
Legal status	a) Public		
Type of associated organisation	Local public authority	Municipality, city, etc.	

Associated organisation location and website:

Address	Vaidoto street 115	<small>26 / 250 characters</small>	Country	Lithuania
Postal Code	LT-45390	<small>16 / 250 characters</small>		
Town	Kaunas	<small>6 / 250 characters</small>		
Website	www.kaunovsb.lt	<small>23 / 100 characters</small>		

Role of the associated organisation in this project:

As a partner for targeted audiences we aim to reduce the consequences of covid in our society, test and include new methodologies and practices that would be aimed at improving the mental health of Kaunas city residents. We noticed that during covid more and more people experienced stress, anxiety attacks, became more sensitive and closed. The methodologies planned during this project can be a serious and important help in restoring the better mental health of this population.

489 / 1,000 characters

3. Relevance

3.1 Context and challenge

Conditions such as depression, stress and anxiety are increasing globally, especially after years of lock-downs and uncertainty due to COVID-19. Arts and cultural activities can prevent such conditions and promote mental health. According to a 2019 WHO report there is convincing evidence that art can have a health-promoting effect for mentally ill citizens to such an extent that it justifies integrating art courses into health and social services.

Health-promoting arts and culture programs, called “Arts on Prescription” (AoP) or also “social prescribing”, have been successfully tested e.g. in the UK, Sweden and Denmark. In such programmes participants take part in weekly art and cultural activities in group settings, where they find a safe space to interact and strengthen their self-efficacy. AoP as a concept holds enormous potentials as an innovative and cost-effective way to improve mental health, rehabilitation, and welfare. For the Baltic Sea Region to fully benefit from this approach, actions are needed to create sustainable organisational set-up and political support at the local, regional and national level. In most BSR countries, AoP has so far been implemented in small-scale initiatives, if at all. For a larger roll-out, it is necessary to tackle the following challenges:

- Despite sufficient medical evidence, AoP is not widely recognized. Evidence mostly comes from small-scale projects, and there is a lack of knowledge on economic benefits. As a result, AoP is not yet embedded into national, regional or local health or cultural strategies in BSR countries, much less into health financing systems.
- Information about AoP is often presented in academic reports, not in how-to guides aimed at newcomers and practitioners, speaking their language. Therefore actors lack know-how: on why AoP suits their needs, on how to plan and structure a programme, how to organise the referral/recruitment of participants and how to build bridges between health and culture.

1,999 / 2,000 characters

3.2 Transnational value of the project

Arts on Prescription in the Baltic Sea Region will provide a generic yet concrete answer on how to build capacity and strengthen public authorities in their effort of improving mental health of citizens. The effect of COVID-19 on mental health, especially with regard to vulnerable groups, has been felt in all BSR countries.

Although AoP is well-known in parts of the BSR, its full potential has still not been explored. Knowledge-sharing is needed, and the concept should be tested on a larger scale in different countries, regions and municipalities to conduct a more thorough evaluation of its effect and potential. So far most evaluations of AoP have focused on how it has improved the wellbeing of the participants. However, for AoP programmes to be upscaled in the BSR, it is also essential to learn which organisational setups do well in which context and to develop guidelines on how to adapt to national, regional and local needs and conditions.

We include partners with (some) experience in designing AoP programmes (e.g. Odense, Cesis) and partners and countries with little experience (e.g. DE, PL, LT). This is beneficial for improving the programme, as less experienced partners can challenge the usual way of approaching and organising AoP programmes and thus innovate the concept. The experienced partners can on the other hand improve the foundation for the less experienced. As the concept is developed and tested in different countries and settings, the final solution will be transferable to a variety of public authorities in the BSR with different needs and baselines.

The main goal of the project is to develop highly-needed tools and methods to guarantee the sustainability of the concept. Furthermore, transnational and national dialogue on how AoP can be integrated into national health programmes and financing schemes, with direct participation of policymakers through the involvement of NDPHS, can greatly speed up the development and roll-out of AoP in the BSR.

1,998 / 2,000 characters

3.3 Target groups

Target group	Sector and geographical coverage	Its role and needs
Local public authority	Health and cultural departments of municipalities, from all Baltic Sea Region countries <small>87 / 500 characters</small>	Arts on prescription can be implemented by both local and regional public authorities - depending on their role in the public health system in a given country. The following description of role and needs is therefore applicable to both target groups: Local and regional authorities usually lack the know-how and experience needed for setting up an arts on prescription programme in a way that it is both effective and sustainable. The interdisciplinary collaboration is also challenged by the different paradigms or discourses on e.g. evidence of effective interventions and the way of speaking of the affected citizens group. This calls for development of a new, common organisational-culture and language in the cross-sector of health and culture. cont. below <small>772 / 1,000 characters</small>

Target group	Sector and geographical coverage	Its role and needs
<p data-bbox="44 1368 268 1397">Regional public authority</p>	<p data-bbox="421 1323 900 1397">Health and cultural departments of regional authorities (including those responsible for hospitals and rehabilitation), from all Baltic Sea Region countries</p> <p data-bbox="836 1431 951 1447">156 / 500 characters</p>	<p data-bbox="970 902 1490 1115">To be successful, AoP must be implemented in a joint effort of the health and the cultural sector, where both sectors play an equal role and understand the value of AoP. Whereas the latter provides the cultural activities, the former is needed for recruitment of participants, for prescribing and for evaluating the health effects. In each partner region, health and culture departments/actors will therefore collaborate closely in the preparation and piloting of AoP.</p> <p data-bbox="970 1144 1474 1234">Practitioners in public authorities also need an evaluation framework that effectively fits their needs but is also manageable. The project will provide such a framework, tested by local and regional authorities.</p> <p data-bbox="970 1263 1474 1402">Another thing local and regional public authorities would greatly benefit of is sustained national support for arts on prescription, be it in terms of awareness raising, knowledge exchange, or, very importantly, financing. The project cannot promise to deliver this, but provide an impulse at the national level.</p> <p data-bbox="1378 1435 1501 1451">999 / 1,000 characters</p>

Target group	Sector and geographical coverage	Its role and needs
<p>NGO</p>	<p>NGOs in the cultural sector that offer relevant arts activities in the whole BSR</p> <p style="text-align: right;"><small>80 / 500 characters</small></p>	<p>Most of the above described needs of public authorities are also applicable to cultural institutions and NGOs. Many of these organisations are not aware of the effect that their daily work can have on mental health. Even if they have tried arts and health projects, they often lack the structural cooperation schemes with health actors to make such projects durable and secure long-term financing for them. The project will open up new avenues for cultural actors in this regard.</p> <p>The AoP practitioner's guide developed in this project is explicitly targeted also at these cultural actors and will provide them with knowledge on benefits of arts and health as well as know-how on how to plan and design cultural activities and courses in such a way that it is most beneficial for prevention and improvement of mental health. Cultural institutions from the partner regions are directly involved in the piloting, either as partners or as associated organisations.</p> <p style="text-align: right;"><small>962 / 1,000 characters</small></p>
<p>National public authority</p>	<p>National ministries of health and culture, in charge of programmes and strategies and especially financing of the health sector, primarily from DE, DK, LT, LV, PL and SE, but also from all other Baltic Sea Region countries</p> <p style="text-align: right;"><small>222 / 500 characters</small></p>	<p>Arts on Prescription has been primarily implemented in small-scale initiatives locally or regionally. That makes it hard to draw generalised conclusions and validate the cost-effectiveness of arts and health interventions as part of public health in the long run. As the WHO report notes, there is a need to "focus resources into funding for larger-scale studies of interventions where there is promising evidence of efficacy". National support programmes for arts and health could fill many needs:</p> <ul style="list-style-type: none"> - Raising awareness among health and culture actors, encouraging them to start new projects or institutionalise pilots, - Raising awareness among health insurance funds and companies, encouraging them to evaluate the economic benefits of arts on prescription at a greater scale, - Facilitating and funding research and knowledge exchange, - Providing funding for larger scale pilot programmes. <p>National ministries will be involved in the project via the NDPHS and the respective partners.</p> <p style="text-align: right;"><small>990 / 1,000 characters</small></p>

3.4 Project objective

Your project objective should contribute to:

Responsive public services

Based on the aforementioned needs of public authorities the overall objective of the AoP project is to develop, test and transfer a model Arts on Prescription programme, consisting of (1) a generic, transferable programme concept that is based on available evidence and experiences, (2) a practitioner's guide that enables public authorities' staff to adapt and implement the programme and (3) information material to raise awareness and garner stakeholder support for AoP. The programme can be applied across the BSR with the aim of improving the mental health of the population in a sustainable and cost-effective way.

The practitioner's guide provides clear answers and tools for questions such as:
What actors should be involved and with which roles?
What approaches are there for setting up a referral or recruitment system?
How to plan arts activities that are suitable for achieving the intended health effect?
How and by whom can the programme be financed?
How to evaluate the programme?

Through this approach, which is supported by trainings for AoP programme coordinators and course instructors, the project will build the capacity of local and regional authorities to

- provide an innovative public service that addresses a glaring need: more (cost-) effective approaches to improving mental health of citizens,
- create the right organisational setup for and around arts-based interventions in public health, including setting up a community of practice involving different sectors of public services (culture, health and social care) and involving users in the development of the service,
- evaluate the success of the implemented programme, in terms of organisational set-up, health effects and economic effects and, consequently,
- scale up successful programmes.

In addition, the project will initiate a dialogue on how the national level can support local and regional public authorities and demonstrate why AoP is a sound economic investment for health insurance funds.

1,991 / 2,000 characters

3.5 Project's contribution to the EU Strategy for the Baltic Sea Region

Please indicate whether your project contributes to the implementation of the Action Plan of the EU Strategy for the Baltic Sea Region (EUSBSR).

Yes No

Please select which Policy Area of the EUSBSR your project contributes to most.

PA Health

Please list the action of this Policy Area that your project contributes to and explain how.

The AoP project contributes to all three actions of PA Health.

Culture-based health interventions are low-threshold and benefit people of all backgrounds and ages. Therefore, the project adds to the promotion of active and healthy ageing through the life-course (Action 1). The introduction of AoP schemes contributes to the adaptation of the health and care sector to the needs of an ageing population, and the project is thereby complementary to the AgeFLAG flagship process.

The project promotes the Health in All Policies (HiAP) approach (Action 2) by highlighting the contribution of the cultural sector to health and well-being, and by developing approaches to harness this potential and make it accessible to citizens. It illustrates the benefits of cross-sectorial cooperation for health to a variety of target groups, including policymakers and patients. Several project activities are designed to raise awareness on the political level, which will promote the implementation of AoP schemes in BSR countries, and highlight the value of engaging other sectors into the work of the health sector.

Furthermore, the AoP project increases the capacity of regional stakeholders and institutions to tackle health challenges (Action 3). New knowledge will be generated and shared through various channels, including a twinning process. Networking and knowledge-brokering will allow new stakeholders to engage in the work of PA Health and utilise AoP schemes as strategic policy instruments.

1,491 / 1,500 characters

If applicable, please describe which other Policy Areas of the EUSBSR your project contributes to and how.

The project makes a substantial contribution to PA Culture's Action 2, by promoting culture as a driver for sustainable development. AoP schemes are a societal innovation driven by the cultural sector, which strengthen civil society and its institutions.

Furthermore, the AoP project contributes to challenge-driven innovation (Action 1 of PA Inno), responding to 21st century social challenges, including demographic change, pandemics and their impact, healthy living and ageing as well as inclusive societies. The development and implementation of arts on prescription schemes is also a response to the large scale health impact of the COVID-19 pandemic on the population of the BSR, in particular the negative impact on mental health.

738 / 1,500 characters

3.6 Other political and strategic background of the project

Strategic documents

The WHO report: HEALTH EVIDENCE NETWORK SYNTHESIS REPORT 67 from 2019 synthesizes the global evidence on the role of the arts in improving health and well-being. The project will support the report's recommendations - that members of the WHO European Region should develop long-term policies or strategies and share knowledge and practice of arts and health interventions to provide more synergized collaboration between health and arts sectors.

449 / 500 characters

New European Agenda for Culture 2018

The European Agenda for Culture aims to "harness the full potential of culture to help build a more inclusive and fairer Union, supporting innovation, creativity and sustainable jobs and growth". For this, the Agenda has three strategic objectives of which AoP addresses the first objective:
 1- Social dimension – Harnessing the power of culture and cultural diversity for social cohesion and well-being.

443 / 500 characters

EU's "Green Paper Improving the mental health of the population: Towards a strategy on mental health for the European Union", and the report "The Health at a Glance Europe 2020" stress the need to improve mental health of the EU population e.g. as the COVID-19 pandemic has increased mental disorders. OECD stresses in their "Integrated Mental Health, Skills and Work Policy" a need for an integrated approach across public services and sectors. AoP provides a responsive solution to the above.

495 / 500 characters

3.7 Seed money support

Please indicate whether your project is based on a seed money project implemented in the Interreg Baltic Sea Region Programme 2014-2020.

Yes No

3.8 Other projects: use of results and planned cooperation

Full name of the project	Funding Source	Use of the project outcomes and/or planned cooperation
<p>The Funen Arts on Prescription.</p> <p>32 / 200 characters</p>	<p>The project is part of the Cultural agreement on Funen from 2021-2024 financed by nine municipalities in Cultural Region Funen and the Ministry of Culture in Denmark</p> <p>166 / 200 characters</p>	<p>In 2022-23 the nine municipalities in Cultural Region Funen will develop activities to citizens suffering from mild to moderate stress, anxiety and depression or loneliness based on the successful concept tried out in e.g. Sweden and other parts of Denmark..</p> <p>The concept Arts on Prescription has been tested in small-scale in Denmark and abroad with great success. However Funen will be the first place in Denmark to develop a common inter-municipal model for Arts on Prescription in Denmark called The Funen Arts on Prescription (Kultur på recept). This will make it possible for the municipalities to share knowledge and experience on how to set up the organisation and also in finding cost-effective ways to share resources. Odense Municipality/ Cultural Region Funen will share the finding from this project - especially on how to set up the organisation in a sustainable and effective way. It will also share the evaluation framework and methodology as inspiration for WP1.</p> <p>979 / 1,000 characters</p>

Full name of the project	Funding Source	Use of the project outcomes and/or planned cooperation
<p>The Art of Staying Healthy</p> <p>26 / 200 characters</p>	<p>European Commission</p> <p>19 / 200 characters</p>	<p>“The Art of Staying Healthy” is a joint initiative of the NDPHS, NDPC and EU National Institutes for Culture, funded by the European Commission. The project explores the health-promoting benefits of arts and culture through providing funds for small-scale local pilot initiatives. The outcomes and lessons learned of the pilots will be synthesized into a toolkit. This toolkit as well as other outcomes of the Art of Staying Healthy will be available to the AoP project through the cooperation with NDPHS and can provide a valuable input to the development of the AoP handbook. The Art of Staying Healthy is also creating a community of likeminded arts and health practitioners, who can be both a valuable resource of experience and knowledge as well as a target group for the AoP project.</p> <p>789 / 1,000 characters</p>
<p>#Culture4Health</p> <p>15 / 200 characters</p>	<p>European Commission, Preparatory action - Bottom-up Policy Development for Culture & Well-being in the EU</p> <p>105 / 200 characters</p>	<p>In this ongoing project, a research review clarifying the importance and the role of culture for well-being and health and a mapping of good examples throughout Europe is being produced. Once these outputs have been published in the summer of 2022, they can be used by our partnership as inspiration and a source of information for our Arts on Prescription concept and practitioner’s guide. The project also produces policy recommendations for the EU Commission that will be relevant for our national policy-making dialogues in WP3. The Northern Dimension Partnership on Culture is a partner in this project in cooperation with NDPHS. Contact and cooperation with NDPC has already been established and will be continued by NDPHS Secretariat as well as Cesis and Odense municipalities.</p> <p>784 / 1,000 characters</p>
<p>Nordic Health and Arts Research Network</p> <p>39 / 200 characters</p>	<p>Nordic Culture Point</p> <p>21 / 200 characters</p>	<p>Nordic Arts & Health Research Network is a cross-disciplinary network that fosters collaborations between researchers, professional artists, artist-researchers and educators within the arts & health field in the Nordic area. The network supports exchange and co-production of knowledge and dissemination of research and practice experiences. The network aims to promote inclusion of arts & health perspectives in decision making within the Nordic region. This is advanced by disseminating knowledge, sharing best practices and supporting learning from other Nordic countries, and building bridges between arts & health practitioners, researchers and public policy makers.</p> <p>Collaboration with the Network enables:</p> <ul style="list-style-type: none"> • Learning from previous experiences of AoP research and evaluation in the Nordic region • Getting feedback for the evaluation framework developed in the AoP project • Disseminating information about the AoP manual through the network’s communication channels. <p>981 / 1,000 characters</p>

Full name of the project	Funding Source	Use of the project outcomes and/or planned cooperation
<p data-bbox="44 495 406 577">Taikusydän – Arts & Health Coordination Centre in Finland</p> <p data-bbox="295 577 406 593">57 / 200 characters</p>	<p data-bbox="422 495 954 577">Arts Promotion Centre Finland, University of Turku, City of Turku, Turku University of Applied Sciences</p> <p data-bbox="837 577 954 593">104 / 200 characters</p>	<p data-bbox="970 280 1501 544">Taikusydän – Arts & Health Coordination Centre in Finland is a multisectoral coordination centre and national network for activities and research on arts and health in Finland. The objective of Taikusydän is to make arts and culture a permanent part of wellbeing services in Finland. Taikusydän informs and promotes multiprofessional collaboration at all levels between artists, health and social care professionals, educators, academics, policy-makers and public officers. Taikusydän has worked closely with the Cross-Ministerial Working Group for Arts and Health. Collaboration with Taikusydän enables:</p> <ul data-bbox="970 566 1501 763" style="list-style-type: none"> • Building on previous experiences of cross-sectoral collaboration and influencing decision-making at different levels • Disseminating information about the AoP project results through Taikusydän's communication channels • Getting support for initiating a dialogue with responsible ministries and social and healthcare funding agencies on the benefits of AoP in Finland. <p data-bbox="1377 790 1501 806">985 / 1,000 characters</p>

3.10 Horizontal principles

Horizontal principles	Projects's direct impact
Sustainable development	positive
Non-discrimination including accessibility	positive
Equality between men and women	neutral

4. Management

Allocated budget

20%

4.1 Project management

Please confirm that the lead partner and all project partners will comply with the rules for the project management as described in the Programme Manual.

If relevant, please indicate any other important aspects of the project management, e.g. external entity supporting the lead partner in the management of the project, advisory board, steering committee, any other relevant working groups, etc.

Odense municipality is the hosting organisation of Cultural Region Funen. The project coordinators for this project are employed by Odense municipality, but have been working for the Cultural Region, inter alia on the topic of Arts on Prescription. The partnership intends to contract an external service provider for project management support, following a joint procurement procedure. The costs for this service have been distributed to the partners relative to their share of staff costs.

492 / 500 characters

4.2 Project financial management

Please confirm that the lead partner and all project partners will comply with the rules for the financial management and control as described in the Programme Manual.

If relevant, please indicate any other important aspects of the financial management, e.g. external entity supporting the lead partner, positions planned for financial management, involvement of special financial experts (e.g. for public procurement), etc.

The external service provider contracted for project management will also support the partnership in reporting and financial management. At the beginning of the project, Odense municipality's financial department will be briefed about the financial management and reporting procedures by the external service provider, and then its staff will gradually take over financial management tasks independently. A 15% staff position over three years has been planned for financial management.

485 / 500 characters

4.3 Input to Programme communication

Please confirm that you are aware of the obligatory inputs to Programme communication that must be submitted along the pre-defined progress reports, as described in the Programme Manual.

If relevant, please describe other important aspects of project communication that you plan to introduce, e.g. a communication plan, opening and closing events, social media channel(s) etc.

The Lead Partner will appoint a communication manager, and the partners will be advised to do the same. Supported by the external project management, the partners will develop a communication strategy, building upon established communication channels of the partners, especially NDPHS Secretariat as PAC Health and Turku University of Applied Sciences as coordinator of the Nordic Arts and Health Research Network. In terms of social media, the project will mainly use LinkedIn and Twitter.

494 / 500 characters

4.4 Cooperation criteria

Please select the cooperation criteria that apply to your project. In your project you need to apply at least three cooperation criteria. Joint development and joint implementation are the obligatory ones you need to fulfill in your project.

Cooperation criteria

Joint Development

Joint Implementation

Joint Staffing

Joint Financing

5. Work Plan

Number	Work Package Name												
1	WP1 Preparing solutions												
	<table border="1"> <thead> <tr> <th>Number</th> <th>Group of Activity Name</th> </tr> </thead> <tbody> <tr> <td>1.1</td> <td>Preparing a generic arts on prescription programme concept</td> </tr> <tr> <td>1.2</td> <td>Preparing the arts on prescription online practitioner's guide</td> </tr> <tr> <td>1.3</td> <td>Preparing an arts on prescription information package</td> </tr> <tr> <td>1.4</td> <td>Preparing the evaluation framework</td> </tr> <tr> <td>1.5</td> <td>Transnational train-the-trainers programme</td> </tr> </tbody> </table>	Number	Group of Activity Name	1.1	Preparing a generic arts on prescription programme concept	1.2	Preparing the arts on prescription online practitioner's guide	1.3	Preparing an arts on prescription information package	1.4	Preparing the evaluation framework	1.5	Transnational train-the-trainers programme
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Work plan overview

	Period: 1	2	3	4	5	6	Leader
WP.1: WP1 Preparing solutions							PP1
A.1.1: Preparing a generic arts on prescription programme concept							PP1
D.1.1: Generic arts on prescription programme concept		D					PP1
A.1.2: Preparing the arts on prescription online practitioner's guide							PP5
D.1.2: Online arts on prescription practitioner's guide		D					PP5
A.1.3: Preparing an arts on prescription information package							PP8
D.1.3: Arts on prescription information package		D					PP8
A.1.4: Preparing the evaluation framework							PP12
D.1.4: Evaluation framework		D					PP12
A.1.5: Transnational train-the-trainers programme							PP2
D.1.5: Transnational train-the-trainers programme		D					PP2
WP.2: WP2 Piloting and evaluating solutions							PP5
A.2.1: Adapting the arts on prescription programme							PP1
D.2.1: Compilation of status reports		D					PP1
A.2.2: Iterative testing of the arts on prescription programme							PP6
D.2.2: Process evaluation report					D		PP6
A.2.3: Transnational exchange							PP9
A.2.4: Process and final evaluation of the programme							PP4
D.2.4: Maxipixi on economic aspects of arts on prescription					D		PP4
A.2.5: Revision of the model arts on prescription programme with its components							PP1
O.2.5: Model arts on prescription programme					O		PP1
WP.3: WP3 Transferring solutions							PP9
A.3.1: Action plans for continuation of arts on prescription programmes in partner regions							PP7
D.3.1: Action plans for continuation of the arts on prescription programme in each partner region						D	PP7
A.3.2: Knowledge transfer at the regional level							PP10
D.3.2: Regional seminars + documentation						D	PP10
A.3.3: One-on-one twinning with cities/regions outside the partnership							PP10
D.3.3: Reports on twinning activities						D	PP10
A.3.4: Setting up a rent-an-expert programme for arts on prescription							PP1
D.3.4: Rent-an-expert programme						D	PP1
A.3.5: Recommendations for national arts on prescription support programmes							PP9
D.3.5: Status reports on discussions on national arts on prescription support programmes						D	PP9

Outputs and deliverables overview

Code	Title	Description	Contribution to the output	Output/ deliverable contains an investment
D 1.1	Generic arts on prescription programme concept	The concept will be a concise document with key provisions for the set-up of the arts on prescription programmes that will be piloted in the partner regions. It will answer questions such as - Which participants does the programme target (age group, health status etc.)? - What is the envisaged size and composition of the group? - What cultural activities are offered and in which setting? - What is the time frame of the programme, how often and for how long do the participants meet? - What effect is intended with the cultural activities? Other aspects, such as how participants are referred to the programme, which actors take over which roles etc. will be talked about in the process, but are dependent on national health systems, and local/regional conditions and will therefore be subject of the adaptation of the AoP concept in WP2.	O2.5 Model arts on prescription programme	
D 1.2	Online arts on prescription practitioner's guide	The practitioner's guide will include how-to guides on various aspects of setting up an AoP programme (including referral systems), a compilation of lessons learned and success factors derived from previous pilot projects, a discussion on how to communicate arts on prescription and find a common language for the arts and health actors, a knowledge data base of available medical evidence, recommendations for the evaluation of arts on prescription programmes and more. It will not only contain text, but also audiovisual guidance, expert interviews and excerpts of the recorded training sessions (A 1.5). The practitioner's guide will be a website with various sections that can be updated, amended and corrected continuously. During the time of preparation and piloting in WPs 1 and 2, the guide will only be accessible for the partners, expert panel and actors involved in the piloting.	O2.5 Model arts on prescription programme	
D 1.3	Arts on prescription information package	The information package will contain several elements, including: - A flyer and a poster containing very basic information for those who learn about arts on prescription for the very first time - A brochure (10-12p) that explains the concept in more depth, primarily aiming at decision makers - Another source of information in an original, unconventional format (yet to be decided) - Audiovisual material such as an animated video or recorded expert interviews (this can be in part the same material that is used in D1.2)	O2.5 Model arts on prescription programme	
D 1.4	Evaluation framework	The deliverable will be an evaluation framework that the research partners present to the piloting partners, along with briefing and guidelines on how to carry out the evaluation in the piloting process. At this stage the evaluation framework will not be a public stand-alone document, but rather an internal working document. After piloting, the evaluation framework will become part of the AoP practitioner's guide.	O2.5 Model arts on prescription programme	

D 1.5	Transnational train-the-trainers programme	The train-the-trainers programme is directed primarily at the coordinators/managers of the local and regional arts on prescription programmes that are piloted in WP2, and secondly at cultural actors/course instructors. It will consist of a series of online training sessions that correspond to and build upon the contents of the practitioner's guide. The training programme is not meant to be transferred to other regions, both because it is based on dynamic and participatory training methods rather than textbook material, and because there will be no resources for its continuation after the project has ended. The training programme thus does not constitute a component of the solution, but feeds into the arts on prescription practitioner's guide (by way of recorded lectures/training sessions) and builds the basis for training sessions that the AoP coordinators/managers conduct with the involved health and cultural actors throughout the piloting processes in WP2.	O2.5 Model arts on prescription programme	
D 2.1	Compilation of status reports	The compilation of status reports will be an internal working document that serves as an input to both the exchange of experience between piloting partners (2.3) and the evaluation and revision of the solution (GoA 2.4).	O2.5 Model arts on prescription programme	
D 2.2	Process evaluation report	The process evaluation report will sum up lessons learned from each iteration of the piloting. It will be an internal working document that will feed into the transnational exchange of experience (see A 2.3), the constant revision of the online practitioner's guide and the final evaluation (2.4).	O2.5 Model arts on prescription programme	
D 2.4	Maxipixi on economic aspects of arts on prescription	This will be a condensed, easy to read and understand summary of the economic benefits and costs related to arts on prescription programmes. It will be directed at decision makers on health programmes and health financing schemes at the local, regional and national level, providing them with information on the efficacy and cost-effectiveness of the programme.	O2.5 Model arts on prescription programme	
O 2.5	Model arts on prescription programme	The model programme provides the project's target groups with both a simple blueprint for the implementation of arts on prescription activities (in the generic programme concept), and a means of accessing expert knowledge to adapt the blueprint to the local or regional context and objectives (in the practitioner's guide). These two components of the solution are complemented by a third one, an information package that can be used to raise awareness, familiarise key decision makers with arts and prescription and secure their involvement in and support for the development of arts and health activities for the improvement of mental well-being among citizens. Together, they enable local and regional public authorities and cultural actors to reap the benefits of arts and culture for the mental well-being and the prevention of loneliness, stress, anxiety and depression, especially among the most vulnerable societal groups such as children youth and the elderly. It should be noted that arts on prescription is not art therapy. It is not meant to cure a patient of a mental condition, but to provide a safe space, sense of community and source of self-efficacy to reduce risk factors for mental conditions and improve well-being and resilience. A particular value of the programme lies in the interdisciplinary and transnational community of practice, consisting of researchers, practitioners, educators and pedagogues, public officials, doctors, and last but not least users that have contributed to its development and improvement and that keep it going through the updating of the online practitioner's guide. The two step-approach of using the generic programme concept first and then adapting it to the local context ensures that it is usable for the target groups in all Baltic Sea Region countries regardless of levels of experience with arts and health interventions, types of organisations, involved sectors, national health systems and financing schemes and other differences.		
D 3.1	Action plans for continuation of the arts on prescription programme in each partner region	Each piloting partner will prepare an action plan that describes the steps that have been taken after the piloting phase to make the programme sustainable, including long-term cooperation agreements and a financing concept.	none	
D 3.2	Regional seminars + documentation	There will be one knowledge transfer seminar in each partner country, co-organised by the partners from that country.	none	
D 3.3	Reports on twinning activities	Each partner will submit a report on the twinning activities and the achievements made by the end of the transfer work package. The reports will contain information on the twinning-partner, the target group for the AoP, the activities facilitated, tools applied and written feedback from staff from the twinning city/region on how useful they found the information package and the practitioner's guide. The reports from each partner/twinning partner will be subject for discussions at exchange sessions at the transnational workshops 6 & 7 and online. Hereafter, the final report on the twinning activities will be drafted, composed by the individual reports.	none	
D 3.4	Rent-an-expert programme	As a sub-site to the online practitioner's guide a Rent-an-expert programme will be set up and be available at the end of the pilot phase. The programme will contain information on: - The accessible experts (country of origin, language spoken, researcher or practitioners, area of expertise, years of expertise etc.). - A guideline for what to expect, which kind of support and how (phone conversation, review of a draft arts on prescription programme, on-the-spot involvement). - A template for contacting an expert. - Information on how to become an expert - Terms of use for the website.	none	
D 3.5	Status reports on discussions on national arts on prescription support programmes	For each country, the partners will at the end of the project lifetime prepare a brief report about the activities they carried out with regard to establishing contacts with the relevant decision-makers and stakeholders and the achievements reached with regard to initiating arts on prescription support programmes.	none	

Work package 1

5.1 WP1 Preparing solutions

5.2 Aim of the work package

The aim of this work package is to prepare solutions to help address the identified challenge. You can either develop entirely new solutions or adapt existing solutions to the needs of your target groups. Prepare your solutions in a way that you can pilot them in Work Package 2. Consider how you involve your target groups in preparation of the solutions.

Organise your activities in up to five groups of activities to present the actions you plan to implement. Describe the deliverables and outputs as well as present the timeline.

5.3 Work package leader

Work package leader 1

Work package leader 2

5.4 Work package budget

Work package budget

5.5 Target groups

	Target group	How do you plan to reach out to and engage the target group?
1	<p>Local public authority</p> <p>Health and cultural departments of municipalities, from all Baltic Sea Region countries</p> <p style="text-align: right;"><small>87 / 500 characters</small></p>	<p>Local public authorities are directly involved in the preparation of the three components of the model arts on prescription programme. Odense/Cultural Region Funen and Cesis, as municipalities with (some) experience in implementing arts on prescription pilots, will lead and coordinate the development of the generic programme concept and practitioner's guide. In this process they will also reach out to other municipalities with experience in arts on prescription, e.g. Aalborg or Aarhus. Practitioners from these public authorities might be invited to join the expert panel to review the drafts and concepts prepared in WP1. Less experienced municipalities from the partnership will contribute to the development of the model AoP programme through participation in transnational working sessions, sharing their needs and barriers to the implementation of AoP to which the practitioner's guide and the information package should respond.</p> <p style="text-align: right;"><small>941 / 1,000 characters</small></p>
2	<p>Regional public authority</p> <p>Health and cultural departments of regional authorities (including those responsible for hospitals and rehabilitation), from all Baltic Sea Region countries</p> <p style="text-align: right;"><small>156 / 500 characters</small></p>	<p>In the process of preparing the generic concept and practitioner's guide, the partners will reach out to regional authorities with experience in arts on prescription, e.g. Skåne. Practitioners from these public authorities might be invited to join the expert panel to review the drafts and concepts prepared in WP1. Less experienced regional authorities from the partnership will contribute to the development of the model AoP programme through participation in transnational working sessions, sharing their needs and barriers to the implementation of AoP to which the practitioner's guide and the information package should respond.</p> <p style="text-align: right;"><small>637 / 1,000 characters</small></p>
3	<p>NGO</p> <p>NGOs in the cultural sector that offer relevant arts activities in the whole BSR</p> <p style="text-align: right;"><small>80 / 500 characters</small></p>	<p>In the process of preparing the generic concept and practitioner's guide, the partners will reach out to cultural actors with experience in arts on prescription. Practitioners from these organisations might be invited to join the expert panel to review the drafts and concepts prepared in WP1</p> <p>Cultural NGOs from the partnership (Sunderby Folk High School, Media Dizajn) will contribute to the development of the model AoP programme through participation in transnational working sessions, sharing their needs and barriers to the implementation of AoP to which the practitioner's guide and the information package should respond.</p> <p>Media Dizajn will coordinate the development of the information package.</p> <p style="text-align: right;"><small>706 / 1,000 characters</small></p>
4	<p>National public authority</p> <p>National ministries of health and culture, in charge of programmes and strategies and especially financing of the health sector, primarily from DE, DK, LT, LV, PL and SE, but also from all other Baltic Sea Region countries</p> <p style="text-align: right;"><small>222 / 500 characters</small></p>	<p>Assisted by NDPHS Secretariat and NDPC (AO4), the partnership will establish contact with officials at national ministries of culture and health already during the preparation phase of the model AoP programme to make them aware of the ongoing work, invite them to share their perspectives on arts and health and to lay the ground for the later dialogue on national support measures for AoP.</p> <p style="text-align: right;"><small>390 / 1,000 characters</small></p>

5.6 Activities, deliverables, outputs and timeline

No.	Name
1.1	Preparing a generic arts on prescription programme concept
1.2	Preparing the arts on prescription online practitioner's guide
1.3	Preparing an arts on prescription information package
1.4	Preparing the evaluation framework
1.5	Transnational train-the-trainers programme

WP 1 Group of activities 1.1

5.6.1 Group of activities leader

Group of activities leader PP 1 - Odense Municipality

A 1.1

5.6.2 Title of the group of activities

Preparing a generic arts on prescription programme concept

58 / 100 characters

5.6.3 Description of the group of activities

Local and regional authorities that have heard about the positive effects of arts and health and want to start an arts on prescription programme themselves usually lack the know-how and experience to set up such a programme in a way that it is both effective and sustainable. To secure the support and engagement of decision-makers and stakeholders, such a programme must be well-planned.

The aim of this group of activity is to develop a generic arts on prescription programme concept that reflects state-of-the-art in AoP research and practice, is transferable to different countries but also easily adaptable to local conditions.

This generic programme will be developed in a co-creative process by all partners, under the leadership and coordination of those two partners who have already collected experience in arts and health projects: Odense/Kulturregion Fyn and Cesis. The concept will be closely aligned with the programmes that have already been tried out in Denmark and Latvia which in turn have been inspired and informed by projects in the UK and Sweden and corresponding research publications. This ensures that the concept development does not start from zero, and that it does not take too much time before the piloting can be started. Nevertheless, the input and ideas of other partners will also be included, so that the concept reflects the common ground of the partnership. The following parameters of the model programme have already been agreed upon by the partners in the application phase:

- The participants should be people with mild to moderate mental health issues (stress, anxiety, depression) or people that have a considerable threat of developing such issues due to their life circumstances (for instance people who suffer from loneliness)
- The group size for each programme will be around 10-15
- The programme will take 6-10 weeks and include weekly meetings with varying cultural activities (e.g. music, story-telling, ...)
- The cultural activities are adapted to the needs of the participants, i.e. the focus is not so much on the results of the participants' activities, but on the process itself and on the sense of community and safe space provided by the group.

These parameters (and additional ones) will be further discussed and elaborated by the partners in a transnational workshop right at the beginning of the implementation phase. Based on the results of this workshop, Odense and Cesis will work out a draft of the concept and submit it to the partnership for approval. The concept will also be reviewed by the expert panel before it is adopted by the partnership.

The target group of the solution - health and culture staff of local and regional authorities - is directly involved in the preparation of the generic concept through active involvement of the piloting partners.

2,828 / 3,000 characters

5.6.4 This group of activities leads to the development of a deliverable

D 1.1

Title of the deliverable

Generic arts on prescription programme concept

46 / 100 characters

Description of the deliverable

The concept will be a concise document with key provisions for the set-up of the arts on prescription programmes that will be piloted in the partner regions. It will answer questions such as

- Which participants does the programme target (age group, health status etc.)?
- What is the envisaged size and composition of the group?
- What cultural activities are offered and in which setting?
- What is the time frame of the programme, how often and for how long do the participants meet?
- What effect is intended with the cultural activities?

Other aspects, such as how participants are referred to the programme, which actors take over which roles etc. will be talked about in the process, but are dependent on national health systems, and local/regional conditions and will therefore be subject of the adaptation of the AoP concept in WP2.

842 / 2,000 characters

Which output does this deliverable contribute to?

O2.5 Model arts on prescription programme

41 / 100 characters

5.6.6 Timeline

Period: 1 2 3 4 5 6

WP.1: WP1 Preparing solutions

A.1.1: Preparing a generic arts on prescription programme concept

D.1.1: Generic arts on prescription programme concept

5.6.7 This deliverable/output contains productive or infrastructure investment

WP 1 Group of activities 1.2

5.6.1 Group of activities leader

Group of activities leader

A 1.2

5.6.2 Title of the group of activities

Preparing the arts on prescription online practitioner's guide

62 / 100 characters

5.6.3 Description of the group of activities

The generic programme concept prepared in A1.1 is meant to only provide the overarching framework for an AoP programme. It must be adapted to national health systems and local/regional conditions, and to be able to take informed decisions on how to adapt the concept and how to create an adequate organisational and administrative set-up around it, future AoP implementers need much more guidance. This is what the AoP online practitioner's guide will be for. It will make state-of-the-art knowledge on arts and health (that is up to now available only in research publications) accessible to the staff of cultural and health authorities as well as cultural educators that are preparing or implementing AoP programmes.

The practitioner's guide answers questions that go beyond the generic concept and are country specific, such as

- What is an adequate organisational setting for the programme? Which role should arts and health actors play? How to set up a community of practice around the programme?
- What is the best way to communicate with stakeholders and find a common language?
- What approaches are there for setting up a referral or recruitment system, and what advantages/disadvantages do they have?
- How to identify suitable arts activities? How should they be organised to achieve the intended health effect?
- How to conduct the arts sessions (incl. ethical considerations and advice how to handle sensitivities/crises)?

The practitioner's guide is meant to be a dynamic reference for AoP implementers that can be amended and revised based on the results of the piloting in the partner regions as well as up-to-date knowledge from outside the partnership. It will therefore be a website that will be gradually filled with new information throughout the project lifetime and continue to exist afterwards. The practitioner's guide will be conceptualised by Cesis and Kulturregion Fyn/Odense as the most experienced partners in terms of practice together with Turku University of Applied Sciences and University of Southern Denmark as knowledgeable research partners. In the first transnational workshop, the partners will agree on who will be responsible for preparing which chapter or section of the practitioner's guide. The sections of the guide will then be drafted, discussed with the partners in online workshops, reviewed by members of the expert panel and published on the website one after the other. Through this step-by-step approach, the other partners do not have to wait for the whole practitioner's guide to be finished before starting the preparation of their pilots. For instance, the chapter on how to set up a steering group and to ensure the commitment of relevant decision makers will be prepared and made available to the partners first.

The target group of the solution, health and culture staff of local and regional authorities, is directly involved in the preparation of the practitioner's guide through active involvement of the piloting partners.

2,997 / 3,000 characters

5.6.4 This group of activities leads to the development of a deliverable

D 1.2

Title of the deliverable

Online arts on prescription practitioner's guide

48 / 100 characters

Description of the deliverable

The practitioner's guide will include how-to guides on various aspects of setting up an AoP programme (including referral systems), a compilation of lessons learned and success factors derived from previous pilot projects, a discussion on how to communicate arts on prescription and find a common language for the arts and health actors, a knowledge data base of available medical evidence, recommendations for the evaluation of arts on prescription programmes and more. It will not only contain text, but also audiovisual guidance, expert interviews and excerpts of the recorded training sessions (A 1.5).

The practitioner's guide will be a website with various sections that can be updated, amended and corrected continuously. During the time of preparation and piloting in WPs 1 and 2, the guide will only be accessible for the partners, expert panel and actors involved in the piloting.

893 / 2,000 characters

Which output does this deliverable contribute to?

O2.5 Model arts on prescription programme

41 / 100 characters

5.6.6 Timeline

Period: 1 2 3 4 5 6

WP.1: WP1 Preparing solutions

A.1.2: Preparing the arts on prescription online practitioner's guide

D.1.2: Online arts on prescription practitioner's guide



5.6.7 This deliverable/output contains productive or infrastructure investment

WP 1 Group of activities 1.3

5.6.1 Group of activities leader

Group of activities leader

A 1.3

5.6.2 Title of the group of activities

53 / 100 characters

5.6.3 Description of the group of activities

Although arts and health programmes have received more attention since the publication of the WHO report in 2019, they are still uncommon and knowledge about them is very limited in local and regional authorities. This concerns also those political and administrative decision-makers whose approval and support is needed for the implementation of a new Arts on Prescription programme. Information about arts and prescription, is often found in long, academic research reports, not in how-to guides targeted at practitioners and policy makers. The information material prepared in this group of activities therefore addresses any stakeholder that is getting involved in AoP programmes for the first time, but particularly decision makers in departments of health, culture and social affairs in local and regional public authorities. The aim of the information material is to familiarise them with the general idea, the objectives and proven benefits of arts and health projects and the requirements for implementing it. After the piloting, we hope to be able to also add substantial new information about the economic aspects of arts on prescription which are not yet available. The information material will be prepared by the same partners who also draft the practitioner's guide. Odense/Kulturregion Fyn and Cesis as well as NDPHS and Turku University of Applied Sciences can bring in their previous experience in communicating the concept to decision-makers at all governmental levels. Media Dizajn will contract an external service provider for the design and layout of the English version, and other partners will translate and design national language versions of the information material.

1,697 / 3,000 characters

5.6.4 This group of activities leads to the development of a deliverable

D 1.3

Title of the deliverable

40 / 100 characters

Description of the deliverable

The information package will contain several elements, including:

- A flyer and a poster containing very basic information for those who learn about arts on prescription for the very first time
- A brochure (10-12p) that explains the concept in more depth, primarily aiming at decision makers
- Another source of information in an original, unconventional format (yet to be decided)
- Audiovisual material such as an animated video or recorded expert interviews (this can be in part the same material that is used in D1.2)

522 / 2,000 characters

Which output does this deliverable contribute to?

41 / 100 characters

5.6.6 Timeline

Period: 1 2 3 4 5 6

WP.1: WP1 Preparing solutions

A.1.3: Preparing an arts on prescription information package

D.1.3: Arts on prescription information package



5.6.7 This deliverable/output contains productive or infrastructure investment

WP 1 Group of activities 1.4

5.6.1 Group of activities leader

Group of activities leader PP 12 - Turku University of Applied Sciences

A 1.4

5.6.2 Title of the group of activities

Preparing the evaluation framework

34 / 100 characters

5.6.3 Description of the group of activities

The 2019 WHO scoping review provides an excellent overview of the current state of research on arts and health interventions. Two of its main conclusions are that the evidence base shows:

- a "robust impact of the arts on both mental and physical health", [...] "with some studies showing comparable or stronger effects for arts interventions than for medication, non-arts social interventions or other health interventions such as exercise", and
- economic benefits, "with some arts interventions showing equivalent or greater cost-effectiveness to possible health interventions".

At the same time the report underlines the need to "undertake more process evaluations and studies of implementation of successful interventions to facilitate the uptake of programmes".

This is the background against which the evaluation work plan will be framed having two main objectives:

- (1) to add to the evidence base, especially with regard to economic benefits of AoP programmes and successful programme set-ups that can be transferred and adapted, and
- (2) to provide a model of an evaluation framework that future implementers of AoP can use.

In this GoA, the research partners will co-develop an evaluation framework that takes into account previous experience with evaluating arts interventions, the generic set-up of the AoP programme (D1.1) and the limited resources and know-how that public authorities often have for evaluating their programmes. The evaluation framework therefore should be simple enough that it can be used by non-researchers, but also sophisticated enough to provide a base for decision-making on future programmes.

The evaluation framework will have three main components:

- a qualitative process evaluation that addresses the question of how successful the implementation of the programme was and how well the administrative setup worked. This could be based on the realist evaluation approach which puts great emphasis on the context and conditions under which a programme was implemented (Responsible partners: University of Southern Denmark and Media Dizajn)
- an evaluation of intended and non-intend health effects, applying both quantitative (what changes did occur?) and qualitative (why did the change occur?) perspectives and using arts-based methods in the interaction with participants (Responsible partners: Turku University of Applied Sciences and University of Southern Denmark)
- an evaluation of the economic benefits of the programme to allow the implementers and potential financiers of AoP programmes to assess the return on investment (Responsible partner: University of Southern Denmark).

The responsible partners will prepare the evaluation framework in parallel to the development (A1.1) and adaptation (2.1) of the generic programme so that it reflects the partners' needs and resources. Once the evaluation framework has been finalised, the piloting partners will be briefed on how to apply it in WP2 and how to deal with data protection, language etc.

2,995 / 3,000 characters

5.6.4 This group of activities leads to the development of a deliverable

D 1.4

Title of the deliverable

Evaluation framework

20 / 100 characters

Description of the deliverable

The deliverable will be an evaluation framework that the research partners present to the piloting partners, along with briefing and guidelines on how to carry out the evaluation in the piloting process. At this stage the evaluation framework will not be a public stand-alone document, but rather an internal working document. After piloting, the evaluation framework will become part of the AoP practitioner's guide.

417 / 2,000 characters

Which output does this deliverable contribute to?

O2.5 Model arts on prescription programme

41 / 100 characters

5.6.6 Timeline

	Period: 1	2	3	4	5	6
WP.1: WP1 Preparing solutions						
A.1.4: Preparing the evaluation framework						
D.1.4: Evaluation framework						

5.6.7 This deliverable/output contains productive or infrastructure investment

WP 1 Group of activities 1.5

5.6.1 Group of activities leader

Group of activities leader PP 2 - Ministry for health, women and consumer Protection of the Free Hanseatic City of Bremen

A 1.5

5.6.2 Title of the group of activities

Transnational train-the-trainers programme 42 / 100 characters

5.6.3 Description of the group of activities

As many of the persons involved in the piloting will be working with arts on prescription for the first time, or in a different context than previously, it is important that they are familiarised with both the generic programme and the essential recommendations that the arts on prescription practitioner's guide contains. This will be achieved by a train-the-trainer programme that takes place in parallel to the finalisation of the practitioner's guide, starting with an in-person kick-off that is followed by weekly online training sessions over two months that cover the different stages of the preparation of the local or regional adaptations of the arts on prescription programme (e.g. starting with organising the stakeholder setting and ending with guidance on how to handle sensitivities and crises among the participants). The first training sessions will be directed at the local or regional coordinators/managers of the arts on prescription programme, who will later on also function as the trainers of the other actors involved in the piloting in their regions. Later sessions can be opened also for those cultural actors / arts course instructors from the partner regions who possess sufficient English skills. The training programme will be prepared by a working group of partners coordinated by the Free Hanseatic City of Bremen. The trainers will be the (more experienced) partner staff, partly members of the expert panel or other external experts contracted by Bremen and Westpomerania. The online training sessions will at least in part be recorded so that they can be used also in the online practitioner's guide (D 1.2).

1,642 / 3,000 characters

5.6.4 This group of activities leads to the development of a deliverable

D 1.5

Title of the deliverable

Transnational train-the-trainers programme 42 / 100 characters

Description of the deliverable

The train-the-trainers programme is directed primarily at the coordinators/managers of the local and regional arts on prescription programmes that are piloted in WP2, and secondly at cultural actors/course instructors. It will consist of a series of online training sessions that correspond to and build upon the contents of the practitioner's guide. The training programme is not meant to be transferred to other regions, both because it is based on dynamic and participatory training methods rather than textbook material, and because there will be no resources for its continuation after the project has ended. The training programme thus does not constitute a component of the solution, but feeds into the arts on prescription practitioner's guide (by way of recorded lectures/training sessions) and builds the basis for training sessions that the AoP coordinators/managers conduct with the involved health and cultural actors throughout the piloting processes in WP2.

972 / 2,000 characters

Which output does this deliverable contribute to?

O2.5 Model arts on prescription programme 41 / 100 characters

5.6.6 Timeline

	Period:	1	2	3	4	5	6
WP.1: WP1 Preparing solutions							
A.1.5: Transnational train-the-trainers programme							
D.1.5: Transnational train-the-trainers programme							

5.6.7 This deliverable/output contains productive or infrastructure investment

Work package 2

5.1 WP2 Piloting and evaluating solutions**5.2 Aim of the work package**

The aim of this work package is to pilot, evaluate and adjust solutions. Plan one or several pilots to validate the usefulness of the solutions prepared in Work Package 1. Start Work Package 2 early enough to have time to pilot, evaluate and adjust solutions, together with your target groups. By the end of this work package implementation the solutions should be ready to be transferred to your target groups in Work Package 3.

The piloted and adjusted solution should be presented in one project output.

Organise your activities in up to five groups of activities. Describe the deliverables and outputs as well as present the timeline.

5.3 Work package leader

Work package leader 1

Work package leader 2

5.4 Work package budget

Work package budget

5.4.1 Number of pilots

Number of pilots

5.5 Target groups

	Target group	How do you plan to reach out to and engage the target group?
1	<p>Local public authority</p> <p>Health and cultural departments of municipalities, from all Baltic Sea Region countries</p> <p>87 / 500 characters</p>	<p>Three local public authorities (Odense, Cesis and Saldus) will be directly involved in the piloting process, each implementing their own pilot AoP programme, thereby applying the generic concept, the practitioner's guide and the information package. The piloting will be done in collaboration of health and cultural departments of the municipalities.</p> <p>Local public authorities as potential replicators of the AoP programme (e.g. Kaunas City Public Health Bureau, AO5) will already be involved at the piloting stage by being invited to take part in study visits to the partner municipalities and observe the implementation of the programme in the last iteration.</p> <p>Two municipalities, Saldus and Cesis, will together coordinate this work package.</p> <p>745 / 1,000 characters</p>
2	<p>Regional public authority</p> <p>Health and cultural departments of regional authorities (including those responsible for hospitals and rehabilitation), from all Baltic Sea Region countries</p> <p>156 / 500 characters</p>	<p>Three regional public authorities (Bremen, Westpomerania and Norrbotten) will be directly involved in the piloting process, each implementing their own pilot AoP programme, thereby applying the generic concept, the practitioner's guide and the information package. The piloting will be done in collaboration of health and cultural departments/ministries of the regions.</p> <p>Regional public authorities as potential replicators of the AoP programme will already be involved at the piloting stage by being invited to take part in study visits to the partner regions and observe the implementation of the programme in the last iteration.</p> <p>634 / 1,000 characters</p>
3	<p>NGO</p> <p>NGOs in the cultural sector that offer relevant arts activities in the whole BSR</p> <p>80 / 500 characters</p>	<p>Two cultural actors (Sunderby Folk High School and Media Dizajn) will be directly involved in the piloting process, each implementing a pilot AoP programme in collaboration with the regional authorities, thereby applying the generic concept, the practitioner's guide and the information package.</p> <p>Cultural actors as potential replicators of the AoP programme will already be involved at the piloting stage by being invited to take part in study visits to the partner regions and observe the implementation of the programme in the last iteration.</p> <p>548 / 1,000 characters</p>
4	<p>National public authority</p> <p>National ministries of health and culture, in charge of programmes and strategies and especially financing of the health sector, primarily from DE, DK, LT, LV, PL and SE, but also from all other Baltic Sea Region countries</p> <p>222 / 500 characters</p>	<p>Representatives of national ministries of health and culture as well as national health insurance funds to whom contact has already been established in WP1 will be invited to observe the piloting in their respective countries.</p> <p>226 / 1,000 characters</p>

5.6 Activities, deliverables, outputs and timeline

No.	Name
2.1	Adapting the arts on prescription programme
2.2	Iterative testing of the arts on prescription programme
2.3	Transnational exchange
2.4	Process and final evaluation of the programme
2.5	Revision of the model arts on prescription programme with its components

WP 2 Group of activities 2.1

5.6.1 Group of activities leader

Group of activities leader PP 1 - Odense Municipality

A 2.1

5.6.2 Title of the group of activities

Adapting the arts on prescription programme

43 / 100 characters

5.6.3 Description of the group of activities

The generic arts on prescription programme cannot be implemented as it is but will have to be adapted to the local or regional context as well as the national health system.

The first step of this adaptation is setting up a local or regional interdisciplinary steering group composed of representatives of:

- The health and culture departments of the involved public authority/authorities
- The institution(s) referring the participants (this could be social service department, job centre or medical institution)
- Cultural actors (the providers of the arts classes or courses)
- Health experts (doctors or therapists)
- The target group of the programme – i.e. people with mental health issues as experts by experience.

Each piloting partner will appoint a coordinator of the local or regional arts on prescription programme from its own staff who works in close cooperation with the steering group throughout the piloting process.

Local politicians should be involved in the creation of the steering group and engaged in its activities throughout the process to give them ownership of the programme from the beginning. When introducing the concept to the steering group members, politicians and other stakeholders the coordinators will make use of the information material (D 1.3).

As the next step, the piloting partners will translate the generic programme (and, consequently, the sections of the online practitioner's guide) to the respective national language. The adaptation of the programme itself will be carried out in each piloting region in a co-creative process of the steering group. In this process, decisions will be made concerning aspects such as:

- How exactly is the target group defined?
- How will participant groups be recruited? Will the groups be limited to people with diagnosed mental health issues or also include people without diagnosis (inclusive groups)?
- What is the financial framework of the programme?
- What cultural activities will be offered by whom, and at what time?
- What roles will the different involved actors have?
- How and by whom will the programme evaluated and revised after each iteration?

The steering group will also prepare and enter into collaboration agreements with the relevant partners. Throughout the piloting process, the steering group will monitor the progress, make adjustments to the programme as necessary and build bridges between different systems, logics and culture and facilitate cooperation across organisations and sectors.

The GoA lead will provide a brief guideline for organising this co-creation process based on the draft AoP practitioner's guide and monitor the process in order to ensure that all pilots can start on time. The adaptation process will begin already in parallel to WP1 so that the piloting can be started early enough to allow for three iterations.

2,854 / 3,000 characters

5.6.4 This group of activities leads to the development of a deliverable



D 2.1

Title of the deliverable

Compilation of status reports

29 / 100 characters

Description of the deliverable

The compilation of status reports will be an internal working document that serves as an input to both the exchange of experience between piloting partners (2.3) and the evaluation and revision of the solution (GoA 2.4).

220 / 2,000 characters

Which output does this deliverable contribute to?

O2.5 Model arts on prescription programme

41 / 100 characters

5.6.6 Timeline

Period: 1 2 3 4 5 6

WP.2: WP2 Piloting and evaluating solutions

A.2.1: Adapting the arts on prescription programme

D.2.1: Compilation of status reports

5.6.7 This deliverable/output contains productive or infrastructure investment



WP 2 Group of activities 2.2

5.6.1 Group of activities leader

Group of activities leader

A 2.2

5.6.2 Title of the group of activities

56 / 100 characters

5.6.3 Description of the group of activities

This group of activities is the core of WP2, as the adapted AoP programmes will be tested in local or regional settings. The piloting will be carried out in up to three iterations, each of which will consist of the following steps:

- Recruitment of participants
- Detailed planning of the time schedule and concrete content of the arts activities
- Training of course instructors and other involved staff by the local programme coordinator, using the online practitioner's guide as reference
- Implementation of the course programme (6-10 weeks)
- Evaluation of health effects according to the evaluation framework (part 2)
- Evaluation workshop with involved stakeholders to conduct a process evaluation of the organisational and administrative set-up according to the evaluation framework (part 1)
- Preparation of a piloting report with lessons learned and recommendations for revision of the programme for the next iteration.

The piloting reports will be submitted to the GoA leader after each iteration and presented in a transnational workshop (see A 2.3). Based on these piloting reports the GoA leader will prepare a process evaluation report the following the first iteration, and amended after each following iteration.

The piloting of the arts on prescription programme will take place in the following partner locations:

- Odense, Denmark (Odense municipality/Kulturregion Fyn)
- Bremen, Germany (Ministries of of Health and Culture of Bremen and Bremer Volkshochschule)
- Luleå and Boden, Sweden (Region Norrbotten and Sunderby Folk High School)
- Saldus, Latvia (Saldus municipality)
- Cesis, Latvia (Cesis municipality)
- City in the region excluding the capital (Westpomeranian Region)
- Szczecin - regional capital (Media Dizajn)

1,751 / 3,000 characters

5.6.4 This group of activities leads to the development of a deliverable



D 2.2

Title of the deliverable

25 / 100 characters

Description of the deliverable

The process evaluation report will sum up lessons learned from each iteration of the piloting. It will be an internal working document that will feed into the transnational exchange of experience (see A 2.3), the constant revision of the online practitioner's guide and the final evaluation (2.4).

297 / 2,000 characters

Which output does this deliverable contribute to?

41 / 100 characters

5.6.6 Timeline

	Period: 1	2	3	4	5	6
WP.2: WP2 Piloting and evaluating solutions						
A.2.2: Iterative testing of the arts on prescription programme						
D.2.2: Process evaluation report						

5.6.7 This deliverable/output contains productive or infrastructure investment



WP 2 Group of activities 2.3

5.6.1 Group of activities leader

Group of activities leader PP 9 - Secretariat of the Northern Dimension Partnership in Public Health and Social Well-being (NDPHS)

A 2.3

5.6.2 Title of the group of activities

Transnational exchange 22 / 100 characters

5.6.3 Description of the group of activities

Planning several iterations of the arts on prescription programme opens the possibility for vivid transnational exchange of experience and peer support between each round of testing. The GoA leader will organise and coordinate this exchange. At minimum, the following sessions are planned:
 - Two online sessions for transnational exchange during the piloting, one for the local AoP coordinators and one for all parties involved in the piloting (incl. cultural actors)
 - One in-person transnational exchange of experience and process evaluation session of the local AoP coordinators after each piloting round
 - One online exchange of experience session for all parties involved in the piloting after each piloting round.

720 / 3,000 characters

5.6.4 This group of activities leads to the development of a deliverable

5.6.6 Timeline

Period: 1 2 3 4 5 6

WP.2: WP2 Piloting and evaluating solutions

A.2.3: Transnational exchange

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WP 2 Group of activities 2.4

5.6.1 Group of activities leader

Group of activities leader PP 4 - University of Southern Denmark

A 2.4

5.6.2 Title of the group of activities

Process and final evaluation of the programme

45 / 100 characters

5.6.3 Description of the group of activities

The evaluation of the piloting will be carried out in part during the piloting (see GoA 2.2) and transnational exchange (see GoA 2.3), in particular those parts of the evaluation that focus on

- the administrative and organisational setup (part 1 of the evaluation framework), where qualitative data and information will be constantly collected from the local coordinators and the actors involved through the piloting reports, transnational workshops and interviews, and
- health effects (part 2), where quantitative and qualitative data will be collected before, during and after each iteration in each piloting location.

University of Southern Denmark, Media Dizajn and Turku University of Applied Sciences will instruct and consult the partners in data collection, interpret the collected data and derive recommendations for the revision of the three components of the solution.

In addition, University of Southern Denmark will coordinate the evaluation of economic benefits, based upon a combination of the measured health effects and the estimated costs of implementing the programme. These very important results will not only be integrated into the online practitioner's guide, but also used for preparing recommendations for national arts on prescription support programmes (D3.5). Because of the high relevance of these results for the research community on arts and health, scholarly publications will be prepared by the research partners. Finally, a maxipixi format report on the economic aspects of arts on prescription will be prepared and integrated into the information package.

1,598 / 3,000 characters

5.6.4 This group of activities leads to the development of a deliverable



D 2.4

Title of the deliverable

Maxipixi on economic aspects of arts on prescription

52 / 100 characters

Description of the deliverable

This will be a condensed, easy to read and understand summary of the economic benefits and costs related to arts on prescription programmes. It will be directed at decision makers on health programmes and health financing schemes at the local, regional and national level, providing them with information on the efficacy and cost-effectiveness of the programme.

361 / 2,000 characters

Which output does this deliverable contribute to?

O2.5 Model arts on prescription programme

41 / 100 characters

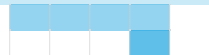
5.6.6 Timeline

Period: 1 2 3 4 5 6

WP.2: WP2 Piloting and evaluating solutions

A.2.4: Process and final evaluation of the programme

D.2.4: Maxipixi on economic aspects of arts on prescription



5.6.7 This deliverable/output contains productive or infrastructure investment



WP 2 Group of activities 2.5

5.6.1 Group of activities leader

Group of activities leader

A 2.5

5.6.2 Title of the group of activities

Revision of the model arts on prescription programme with its components

72 / 100 characters

5.6.3 Description of the group of activities

Two of the three components of the solution will not be revised only after the piloting process has concluded, but throughout the piloting process:

The generic programme will be revised after each round of piloting, at the transnational exchange of experience workshop. Proposals for changes in the generic concept will be submitted by all partners following this exchange, and the GoA leader will be responsible for integrating it. The revised generic programme will form the basis for the next iteration of piloting, but in the second and third iteration partners will be permitted to deviate from the generic concept and experiment with different approaches. This will enrich the wealth of experience collected and allow for the evaluation of effects of changes to the programme between iterations. A final revision to the generic programme will be made after the third piloting round, but the previous versions will already be made available for the transfer activities before that.

The online practitioner's guide has been planned as a dynamic website that can continuously be adapted, amended, updated, revised and corrected as the piloting process evolves. This makes it possible to not only include lessons learned and evaluation results, but also to identify and fill gaps in the guide, improve its user friendliness, and include new knowledge from outside the partnership as it becomes available. Moreover, audiovisual recordings of training sessions and piloting activities as well as expert interviews can be included to make the guide more lively. The evaluation framework will also be reviewed by the whole partnership and recommendations for planning evaluation activities around arts on prescription programmes will be integrated into the practitioner's guide.

The information package will be revised and updated only once, just before transfer activities in WP3 are starting. This is because its content is expected to remain rather unaffected by the piloting, and because every revision would also make new translations necessary. Experience of the partners in communicating arts on prescription as well as user feedback will be incorporated in the revision of the information material.

The revision process will be coordinated by the GoA leader and involve all piloting and research partners. As in WP1, the responsibility for the generic arts on prescription programme will be with Odense/Kulturregion Fyn, whereas Cesis will be responsible for coordinating the revision of the practitioner's guide and Media Dizajn for the revision of the information package.

2,590 / 3,000 characters

5.6.4 This group of activities leads to the development of a deliverable

O 2.5

Title of the output

Model arts on prescription programme

36 / 100 characters

Description of the output

The model programme provides the project's target groups with both a simple blueprint for the implementation of arts on prescription activities (in the generic programme concept), and a means of accessing expert knowledge to adapt the blueprint to the local or regional context and objectives (in the practitioner's guide). These two components of the solution are complemented by a third one, an information package that can be used to raise awareness, familiarise key decision makers with arts and prescription and secure their involvement in and support for the development of arts and health activities for the improvement of mental well-being among citizens.

Together, they enable local and regional public authorities and cultural actors to reap the benefits of arts and culture for the mental well-being and the prevention of loneliness, stress, anxiety and depression, especially among the most vulnerable societal groups such as children youth and the elderly. It should be noted that arts on prescription is not art therapy. It is not meant to cure a patient of a mental condition, but to provide a safe space, sense of community and source of self-efficacy to reduce risk factors for mental conditions and improve well-being and resilience.

A particular value of the programme lies in the interdisciplinary and transnational community of practice, consisting of researchers, practitioners, educators and pedagogues, public officials, doctors, and last but not least users that have contributed to its development and improvement and that keep it going through the updating of the online practitioner's guide. The two step-approach of using the generic programme concept first and then adapting it to the local context ensures that it is usable for the target groups in all Baltic Sea Region countries regardless of levels of experience with arts and health interventions, types of organisations, involved sectors, national health systems and financing schemes and other differences.

2,010 / 3,000 characters

Target groups and uptake of the solution presented in this output

Target groups	How will this target group apply the output in its daily work?
<p>Target group 1</p> <p>Local public authority</p> <p>Health and cultural departments of municipalities, from all Baltic Sea Region countries</p>	<p>The model arts on prescription programme provides both an entry point for newcomers to arts on prescription among the public authorities responsible for health, culture and social care, and in-depth practical knowledge on the intricacies of its implementation</p> <p>The first entry point for many leaders or staff members of cultural and health departments of municipalities will be the information package on arts on prescription. The videos and printed materials contained in it will present facts about arts on prescription and its effects, in a concise, easy to understand way.</p> <p>If this has raised the interest of the officials and they embark on the way of preparing their own arts on prescription programme, they can start by using the generic framework developed in this project and adapting it to the local context.</p> <p>If they decide to continue and scale up the programme, they will want to adapt and improve the programme concept. Here, they can resort to the detailed practitioner's guide.</p> <p style="text-align: right;">995 / 1,000 characters</p>
<p>Target group 2</p> <p>Regional public authority</p> <p>Health and cultural departments of regional authorities (including those responsible for hospitals and rehabilitation), from all Baltic Sea Region countries</p>	<p>Just like for local public officials, the model arts on prescription programme provides an entry point for first time organisers of arts on prescription programmes in regional public authorities through the information package and the generic concept, and in-depth practical knowledge on the intricacies of its implementation for the more experienced health and culture officials.</p> <p>Moreover, regional public authorities may also use the components of the model arts on prescription programme to inspire its replication among municipalities, cultural educators and artists in their region.</p> <p style="text-align: right;">593 / 1,000 characters</p>
<p>Target group 3</p> <p>NGO</p> <p>NGOs in the cultural sector that offer relevant arts activities in the whole BSR</p>	<p>Artists and cultural educators are often very interested in the concept of arts on prescription, as it provides new areas for cultural activities for the public good and a yet untapped source of income. However, they often don't have any working relationships with health officials in public authorities who could make use of their services in arts on prescription programmes. The information package can be used by the cultural actors to approach and convince public authorities to engage in arts on prescription, whereas the practitioner's guide will contain many tools, tips and guidance that even experienced cultural educators will find useful when offering arts courses for mental well-being.</p> <p style="text-align: right;">700 / 1,000 characters</p>
<p>Target group 4</p> <p>National public authority</p> <p>National ministries of health and culture, in charge of programmes and strategies and especially financing of the health sector, primarily from DE, DK, LT, LV, PL and SE, but also from all other Baltic Sea Region countries</p>	<p>National ministries of health and culture and health insurance funds are not direct users of the model AoP programme, but very valuable promoters and multipliers for the roll-out of arts on prescription. Yet many of the insights contained in the revised components of the model programme, especially those related to the health and economic benefits will also be valuable for ministry officials when assessing the expected benefits and feasibility of national AoP support and financing schemes. By reading the generic concept and the practitioner's guide, they will get a better understanding of the needs and challenges of local and regional public authorities as well as cultural actors and can address these needs in policy-making.</p> <p style="text-align: right;">733 / 1,000 characters</p>

Durability of the output

The model arts on prescription programme continues to be available for anyone interested in working with arts on prescription, as both the information package and the generic concept will be integrated into the online practitioner's guide that will remain openly accessible and continuously updated even in the post-project phase. The project will create a transnational community of practice on arts on prescription that extends far beyond the partnership and will continue to grow as a result of using the communication channels of NDPHS / PA Health, NDPC, BSSSC, the members of the Nordic Health and Arts Research network and many others. This community of practice will jointly keep the online practitioners updated and use it as an exchange platform and to match arts on prescription experts and practitioners. The costs for keeping the practitioner's guide online after the project will be minimal and the partners will decide who will take over the hosting long-term during the project.

995 / 1,000 characters

5.6.6 Timeline

Period: 1 2 3 4 5 6

WP.2: WP2 Piloting and evaluating solutions

A.2.5: Revision of the model arts on prescription programme with its components

O.2.5: Model arts on prescription programme



5.6.7 This deliverable/output contains productive or infrastructure investment

Work package 3

5.1 WP3 Transferring solutions

5.2 Aim of the work package

In Work Package 3, communicate and transfer the ready solutions to your target groups. Plan at least one year for this work package to transfer your solutions to the target groups, considering their respective needs. Select suitable activities to encourage your target groups to use the solutions in their daily work. Organise your activities in up to five groups of activities. Describe the deliverables and outputs as well as present the timeline.

5.3 Work package leader

Work package leader 1

PP 9 - Secretariat of the Northern Dimension Partnership in Public Health and Social Well-being (NDPHS)

Work package leader 2

Please select

5.4 Work package budget

Work package budget

25%

5.5 Target groups

	Target group	How do you plan to reach out to and engage the target group?
1	<p>Local public authority</p> <p>Health and cultural departments of municipalities, from all Baltic Sea Region countries</p> <p>87 / 500 characters</p>	<p>Three local public authorities involved as partners (Odense, Cesis, Saldus) will work on the continuation and scale-up of their AoP programmes in GoA 3.1.</p> <p>At least three further local public authorities will take part in the one-on-one mentoring activity (GoA 3.3) and thus be supported in the development of their own AoP programmes, thereby applying the generic concept, practitioner's guide and/or information package. Further municipalities will be addressed with the regional knowledge transfer seminars (GoA 3.2) that each piloting city or region will organise. They will also be invited to make use of the rent-an-expert programme (GoA 3.4) through events, social media and the communication channels of the partners.</p> <p>726 / 1,000 characters</p>
2	<p>Regional public authority</p> <p>Health and cultural departments of regional authorities (including those responsible for hospitals and rehabilitation), from all Baltic Sea Region countries</p> <p>156 / 500 characters</p>	<p>Three regional public authorities involved as partners (Bremen, Norrbotten and Westpomerania) will work on the continuation and scale-up of their AoP programmes in GoA 3.1.</p> <p>At least three further local regional public authorities will take part in the one-on-one mentoring activity (GoA 3.3) and thus be supported in the development of their own AoP programmes, thereby applying the generic concept, practitioner's guide and/or information package. Further regional authorities will be addressed with the regional knowledge transfer seminars (GoA 3.2) that each piloting city or region will organise. They will also be invited to make use of the rent-an-expert programme (GoA 3.4) through events, social media and the communication channels of the partners, including the established network of regional authorities of BSSSC (AO2).</p> <p>834 / 1,000 characters</p>
3	<p>NGO</p> <p>NGOs in the cultural sector that offer relevant arts activities in the whole BSR</p> <p>80 / 500 characters</p>	<p>Two cultural actors involved as partners (Sunderby Folk High School and Media Dizajin) will work on the continuation and scale-up of their AoP programmes in GoA 3.1.</p> <p>Further cultural actors and NGOs will take part in the one-on-one mentoring activity (GoA 3.3) and thus be supported in the development of their own AoP programmes, thereby applying the generic concept, practitioner's guide and/or information package. They will also be addressed with the regional knowledge transfer seminars (GoA 3.2) that each piloting city or region will organise and be invited to make use of the rent-an-expert programme (GoA 3.4) through events, social media and the communication channels of the partners, including NDPC (AO4).</p> <p>718 / 1,000 characters</p>
4	<p>National public authority</p> <p>National ministries of health and culture, in charge of programmes and strategies and especially financing of the health sector, primarily from DE, DK, LT, LV, PL and SE, but also from all other Baltic Sea Region countries</p> <p>222 / 500 characters</p>	<p>The partnership has direct access to relevant officials and policy-makers in the national ministries of health and culture through NDPHS Secretariat and NDPC (AO4). Furthermore, NDPHS Secretariat will help establish contact to the national health insurance funds and companies as potential financiers of future AoP programmes.</p> <p>These target groups, who have ideally already followed the piloting processes in their respective countries in WP2, will be invited to a transnational conference organised at the beginning of the transfer phase. This conference will kick-off national dialogue processes on support measures for AoP and the development of recommendations for such support measures. In this phase, the partners from each country will invite their respective ministry officials and health fund representatives will be invited to national level conferences or hearings. The target group will be involved again at the closing conference alongside the NDPHS conference at the end 2025.</p> <p>992 / 1,000 characters</p>

5.6 Activities, deliverables, outputs and timeline

No.	Name
3.1	Action plans for continuation of arts on prescription programmes in partner regions
3.2	Knowledge transfer at the regional level
3.3	One-on-one twinning with cities/regions outside the partnership
3.4	Setting up a rent-an-expert programme for arts on prescription
3.5	Recommendations for national arts on prescription support programmes

WP 3 Group of activities 3.1

5.6.1 Group of activities leader

Group of activities leader

A 3.1

5.6.2 Title of the group of activities

Action plans for continuation of arts on prescription programmes in partner regions

83 / 100 characters

5.6.3 Description of the group of activities

One central aim of this project is to take arts on prescription from the stage of singular small-scale pilots to durable and institutionalised programmes in the Baltic Sea Region. Therefore, the partners will not stop their arts on prescription programmes once the piloting phase has ended, but continue them. To make that possible, it is necessary to

- ensure long-term engagement and support from the local political and administrative decision-makers,
- create the foundation for a sustainable cooperation structure and agreement of the involved actors, and, most importantly,
- find a way of financing the arts on prescription programme in the longer term, without EU funding. This means to define how the actual "prescription" part of arts on prescription works – who prescribes participation in the arts programme, and who pays for it?

All partners will therefore continue the dialogue and cooperation with the local actors and stakeholders, and the key tasks of the local steering groups will switch from implementation and evaluation of the pilots to developing an action plan for the continuation (and possibly scale-up) of the local arts on prescription programme. Depending on the country's health systems, further stakeholders, such as health insurance funds or companies, may also need to be involved when it comes to securing the long-term financing. The results of the piloting, especially the analysis of health benefits and economic benefits, will be helpful in approaching and convincing. The partners are free in deciding how to organise the process that leads to the action plans, but there will be sessions to present and discuss the status of the action plans at transnational workshops #6 and #7. In the ideal case, the local programmes will already move on from the pilot phase to the institutionalised phase during the project lifetime (with other sources of funding).

1,899 / 3,000 characters

5.6.4 This group of activities leads to the development of a deliverable

D 3.1

Title of the deliverable

Action plans for continuation of the arts on prescription programme in each partner region

90 / 100 characters

Description of the deliverable

Each piloting partner will prepare an action plan that describes the steps that have been taken after the piloting phase to make the programme sustainable, including long-term cooperation agreements and a financing concept.

223 / 2,000 characters

Which output does this deliverable contribute to?

none

4 / 100 characters

5.6.6 Timeline

Period: 1 2 3 4 5 6

WP.3: WP3 Transferring solutions

A.3.1: Action plans for continuation of arts on prescription programmes in partner regions

D.3.1: Action plans for continuation of the arts on prescription programme in each partner region

5.6.7 This deliverable/output contains productive or infrastructure investment

WP 3 Group of activities 3.2

5.6.1 Group of activities leader

Group of activities leader

A 3.2

5.6.2 Title of the group of activities

41 / 100 characters

5.6.3 Description of the group of activities

The purpose of this group of activities is to raise awareness and spread know-how about arts on prescription to other cities in the partner regions/countries. In each partner country, there will be at least one seminar, targeted at public authorities and cultural actors in the region or the whole country (the geographic scope will differ due to the different sizes of the partner countries and different outreach capabilities of partners). During these seminars the participants as potential replicators of the arts on prescription programme will

- A) learn about arts on prescription in practice through presentations by the project partners and possibly external experts as key note speakers
- B) be familiarised with the online practitioner's guide and the rent-an-expert programme as means of supporting them in the development of their own programme
- C) experience cultural activities themselves
- D) have an opportunity to exchange on good practices as well as barriers and strategies to overcome them.

1,004 / 3,000 characters

5.6.4 This group of activities leads to the development of a deliverable

D 3.2

Title of the deliverable

33 / 100 characters

Description of the deliverable

118 / 2,000 characters

Which output does this deliverable contribute to?

4 / 100 characters

5.6.6 Timeline

	Period: 1	2	3	4	5	6
WP.3: WP3 Transferring solutions						
A.3.2: Knowledge transfer at the regional level						
D.3.2: Regional seminars + documentation						

5.6.7 This deliverable/output contains productive or infrastructure investment

WP 3 Group of activities 3.3

5.6.1 Group of activities leader

Group of activities leader PP 10 - Sunderby folk high school

A 3.3

5.6.2 Title of the group of activities

One-on-one twinning with cities/regions outside the partnership

63 / 100 characters

5.6.3 Description of the group of activities

Each partner city or region will identify and team up with one local or regional public authority, or a cultural organisation, and support it in initiating their own arts on prescription programme. The identification of these replicating cities will already take place during the first year of the project, so that the "twin" cities/regions can observe at least part of the piloting process in the partner city/region, e.g. by way of a study visit. In the transfer phase, the partner cities will be in regular contact with the twin cities and advise and support them in setting up their own programme, using the information package to raise awareness and the practitioner's guide to supply the twin city with the needed knowledge. Since the preparation of an arts on prescription programme takes time, it is not certain whether these newly developed programmes can start already during the project lifetime. If the twin cities need further support after the project has ended, they can make use of the "rent-an-expert" programme (see A3.4). Each partner will submit a brief report on the twinning activities and the achievements made by the end of the transfer work package, and there will be exchange sessions for the partner and twin cities at the transnational workshops 6 & 7 and online. Each piloting region has planned travel and accommodation costs to allow the twin city representatives to take part in one study visit and attend at least one transnational workshop.

1,474 / 3,000 characters

5.6.4 This group of activities leads to the development of a deliverable



D 3.3

Title of the deliverable

Reports on twinning activities

30 / 100 characters

Description of the deliverable

Each partner will submit a report on the twinning activities and the achievements made by the end of the transfer work package. The reports will contain information on the twinning-partner, the target group for the AoP, the activities facilitated, tools applied and written feedback from staff from the twinning city/region on how useful they found the information package and the practitioner's guide. The reports from each partner/twinning partner will be subject for discussions at exchange sessions at the transnational workshops 6 & 7 and online. Hereafter, the final report on the twinning activities will be drafted, composed by the individual reports.

658 / 2,000 characters

Which output does this deliverable contribute to?

none

4 / 100 characters

5.6.6 Timeline

	Period: 1	2	3	4	5	6
WP.3: WP3 Transferring solutions						
A.3.3: One-on-one twinning with cities/regions outside the partnership						
D.3.3: Reports on twinning activities						

5.6.7 This deliverable/output contains productive or infrastructure investment



WP 3 Group of activities 3.4

5.6.1 Group of activities leader

Group of activities leader

A 3.4

5.6.2 Title of the group of activities

62 / 100 characters

5.6.3 Description of the group of activities

Local or public authorities with an interest in starting their own arts on prescription programme often find it difficult in obtaining the needed information and know-how. Information about already implemented pilots is often available only in scientific publications, and though these may contain some policy-related recommendations based on the evaluation outcomes, they usually do not provide practical guidance. The practitioner's guide developed in this project will help to remedy this situation, but in many cases those who set up a new arts on prescription will look for more than that – they need individual, personalised advice and support regarding the set-up of the programme, the choice of cultural activities, the financing concept and more.

In this group of activities we will initiate a "rent-an-expert" programme for public authorities and cultural actors outside the partnership. The first step is to create a subsite in the online practitioner's guide on which experts (researchers and practitioners) in arts on prescription are listed, sortable by country, area of expertise, etc. During the project lifetime, experts that are part of the project partnership, provide their services for free (as far as their budget allows). Experts who are not part of the project partnership can be contacted as well, and they provide advice and consultancy based on their own terms. This can range from a single phone conversation to the review of a draft arts on prescription programme to intensive on-the-spot involvement – it is a matter of negotiation between the expert and the institution looking for help. There will be terms of use for the website, but otherwise no intermediary role of the project partnership between the two parties. This allows the rent-an-expert programme to continue after the project at very low cost.

Odense municipality will create the rent-an-expert subsite in the practitioner's guide website, and all partners will name experts to be listed. NDPHS will raise awareness for the rent-an-expert programme through their communication channels, and it will be promoted at the project conferences and external events.

2,154 / 3,000 characters

5.6.4 This group of activities leads to the development of a deliverable



D 3.4

Title of the deliverable

25 / 100 characters

Description of the deliverable

As a subsite to the online practitioner's guide a Rent-an-expert programme will be set up and be available at the end of the pilot phase. The programme will contain information on;

- The accessible experts (country of origin, language spoken, researcher or practitioners, area of expertise, years of expertise etc.).
- A guideline for what to expect, which kind of support and how (phone conversation, review of a draft arts on prescription programme, on-the-spot involvement).
- A template for contacting an expert.
- Information on how to become an expert
- Terms of use for the website.

589 / 2,000 characters

Which output does this deliverable contribute to?

4 / 100 characters

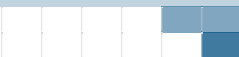
5.6.6 Timeline

Period: 1 2 3 4 5 6

WP.3: WP3 Transferring solutions

A.3.4: Setting up a rent-an-expert programme for arts on prescription

D.3.4: Rent-an-expert programme



5.6.7 This deliverable/output contains productive or infrastructure investment



WP 3 Group of activities 3.5

5.6.1 Group of activities leader

Group of activities leader PP 9 - Secretariat of the Northern Dimension Partnership in Public Health and Social Well-being (NDPHS)

A 3.5

5.6.2 Title of the group of activities

Recommendations for national arts on prescription support programmes 68 / 100 characters

5.6.3 Description of the group of activities

So far, the vast majority of projects connecting arts and health in the Baltic Sea Region have been one-off projects with limited duration and geographic scope. Except for Sweden, there is not much experience with setting up longer-term arts on prescription programmes in the BSR countries, much less with an integration of such programmes into health financing schemes.

The objective of this group of activities is to initiate a dialogue with the responsible ministries, agencies and health funds/health insurance companies from the different partner countries on the benefits of arts on prescriptions, possible ways of integrating it into national prescription and health financing schemes and what other types of support national arts on prescription programmes could offer for local and regional public authorities. We do not expect that any such programme will be adopted and realised within the project timeframe, but we consider it realistic that a policy-making process is started that will continue after the project has ended.

With the help of NDPHS, who has direct access to senior officials in the national ministries of health in the Baltic Sea Region, the partners will establish contact to the responsible persons in the ministries already during the early phase of the project and inform these persons about the project and the piloting activities in the given country using the information package. They will also invite the responsible officers to observe the piloting process, if possible with at least one on-the-spot visit. Westpomeranian region will organise a transnational conference at the start of the transfer phase to which these ministry representatives, but also representatives at the regional level will be invited and at which the results of the piloting phase and the revised solution will be presented. After this conference, the partners from each region will continue the dialogue with the ministry representatives and other relevant stakeholders (e.g. health insurance funds/companies) at the national level and discuss possible frameworks and conditions for a national support programme for arts on prescription. Towards the end of the transfer phase, NDPHS will aim to organise a side-event alongside its annual high-level partnership conference in the end of 2025. Here the project results are presented once more, and the outcomes are transferred to the ministerial meeting the day after that usually results in a joint declaration.

2,475 / 3,000 characters

5.6.4 This group of activities leads to the development of a deliverable

D 3.5

Title of the deliverable

Status reports on discussions on national arts on prescription support programmes 81 / 100 characters

Description of the deliverable

For each country, the partners will at the end of the project lifetime prepare a brief report about the activities they carried out with regard to establishing contacts with the relevant decision-makers and stakeholders and the achievements reached with regard to initiating arts on prescription support programmes.

315 / 2,000 characters

Which output does this deliverable contribute to?

none 4 / 100 characters

5.6.6 Timeline

	Period: 1	2	3	4	5	6
WP.3: WP3 Transferring solutions						
A.3.5: Recommendations for national arts on prescription support programmes						
D.3.5: Status reports on discussions on national arts on prescription support programmes						

5.6.7 This deliverable/output contains productive or infrastructure investment

6. Indicators

Indicators

Output indicators				Result indicators		
Output indicators	Total target value in number	Project outputs	Please explain how the solution presented in this output serves the target group(s).	Result indicator	Total target value in number	Please explain how organisations in the target groups within or outside the partnership will take up or upscale each solution.
RCO 84 – Pilot actions developed jointly and implemented in projects	1	N/A	N/A			<p>The AoP programme will be piloted by three local (Saldus, Cesis, Odense) and three regional (Westpomerania, Bremen, Norrbotten) public authorities, each in cooperation with cultural actors either as partners or as associated organisations. The piloting will be done in three iterations of 6-10 weeks, which allows for adaptations and improvements after each round. The partners participating in each instance of piloting will adapt the generic programme to the local context, use the information package to involve stakeholders and decision-makers in the co-creation of the local programme and make use of the practitioner's guide while implementing and evaluating the programme.</p> <p>Once the piloting has ended, the partners will continue to work with the local stakeholders to a) find a way of financing the continuation of the programme and b) upscale it in the municipality or region.</p>
RCO 116 – Jointly developed solutions	1	O.2.5: Model arts on prescription programme	<p>The Arts on Prescription programme with its three components enables staff of culture and health departments of local and regional public authorities to set up their own, evidence-based but context-specific arts on prescription programmes.</p> <p>The generic concept can serve as a starting point and reference framework for initiators of a new programme.</p> <p>The practitioner's guide can be used by staff of public authorities and cultural actors to adapt the generic concept to the local context, to co-create and plan the programme and implement every step of it successfully - from the selection of stakeholders and participants to the evaluation and assessment of economic benefits.</p> <p>The information package is meant to present information on AoP in a simple but convincing way for programme coordinators to use it to secure the support of stakeholders and decision-makers. This is crucial at the initial stage of setting up a programme and when trying to institutionalise it after piloting.</p>	RCR 104 - Solutions taken up or up-scaled by organisations	1	<p>Cities or regions outside the partnership will be acquainted with Arts on Prescription and the developed solution through regional knowledge transfer workshops and seminars, not only in the piloting countries but also in Lithuania and Finland. At least six other cities or regions will be mentored one-on-one by a project partner in setting up their own AoP programme.</p> <p>Further cities, regions or cultural actors may use the practitioner's guide to learn about the generic programme concept and transfer and adapt it. If they need support in this process, they can make use of the AoP rent-an-expert programme.</p>

989 / 1,000 characters

1,500 / 2,000 characters

Output indicators		Result indicators		
Output indicator	Total target value in number	Result indicator	Total target value in number	Please describe what types of organisations are planned to actively participate in the project. Explain how this participation will increase their institutional capacity. These types of organisations should be in line with the target groups you have defined for your project.
RCO 87 - Organisations cooperating across borders	26	PSR 1 - Organisations with increased institutional capacity due to their participation in cooperation activities across borders		<p>The partnership includes the three primary target groups of the project:</p> <ul style="list-style-type: none"> - 3 local public authorities (Saldus, Odense, Cesis) - 3 regional public authorities (Westpomerania, Bremen and Norrbotten) - 3 cultural and educational institutions (Bremer Volkshochschule, Media Dizajn, Sunderby Folk High School). <p>All of these organisations are actively involved in the piloting and will raise their institutional capacity in the process.</p> <p>X associated organisations will also take part in the piloting.</p> <p>The three involved universities will raise their capacity in developing suitable evaluation frameworks and applying suitable evaluation tools and methods.</p> <p style="text-align: right;"><small>652 / 1,500 characters</small></p>
			27	<p>Project partners and associated organisations</p>
				<p>Other organisations</p> <p>At least 6 local and regional public authorities or cultural actors will have increased capacity for developing and implementing their own AoP programme through participation in the one-on-one mentoring process.</p> <p>At least 3 further local and regional public authorities or cultural actors will make use of the rent-an-expert programme during the project lifetime.</p> <p>At least 6 national ministries of health, public health funds or insurance companies will raise their capacity to support AoP programmes at the local and regional level through participation in the transnational conferences and dialogue processes with project partners.</p> <p style="text-align: right;"><small>634 / 1,500 characters</small></p>

7. Budget

7.0 Preparation costs

Preparation Costs

Would you like to apply for reimbursement of the preparation costs?

Yes

Other EU support of preparatory cost

Did you receive any other EU funds specifically designated to the development of this project application?

No

7.1 Breakdown of planned project expenditure per cost category & per partner

No. & role	Partner name	Partner status	CAT0 - Preparation costs	CAT1 - Staff	CAT2 - Office & administration
1 - LP	Odense Municipality	Active 22/09/2022	19,000.00	389,188.80	58,378.32
2 - PP	Ministry for health, women and consumer Protection of the Free Hanseatic City of Bremen	Active 22/09/2022	1,000.00	61,270.00	9,190.50
3 - PP	Bremer Volkshochschule - adult education centre/ Ministry for Culture	Active 22/09/2022	0.00	243,200.00	36,480.00
4 - PP	University of Southern Denmark	Active 22/09/2022	0.00	274,899.27	41,234.89
5 - PP	Cesis Municipality	Active 22/09/2022	1,000.00	123,840.00	18,576.00
6 - PP	Saldus district municipality	Active 22/09/2022	1,000.00	123,840.00	18,576.00
7 - PP	Westpomeranian Region	Active 22/09/2022	1,000.00	77,477.40	11,621.61
8 - PP	Media Dizajn	Active 22/09/2022	1,000.00	108,900.00	16,335.00
9 - PP	Secretariat of the Northern Dimension Partnership in Public Health and Social Well-being (NDPHS)	Active 22/09/2022	0.00	252,375.60	37,856.34
10 - PP	Sunderby folk high school	Active 22/09/2022	0.00	151,425.36	22,713.80
11 - PP	Norrbottnen Region	Active 22/09/2022	0.00	164,052.07	24,607.81
12 - PP	Turku University of Applied Sciences	Active 22/09/2022	0.00	185,759.62	27,863.94
13 - PP	Lithuanian University of Health Sciences	Active 22/09/2022	0.00	68,112.00	10,216.80
Total			24,000.00	2,224,340.12	333,651.01

No. & role	Partner name	CAT3 - Travel & accommodation	CAT4 - External expertise & services	CAT5 - Equipment	Total partner budget
1 - LP	Odense Municipality	58,378.32	73,541.00	0.00	598,486.44
2 - PP	Ministry for health. wome	9,190.50	40,349.00	0.00	121,000.00
3 - PP	Bremer Volkshochschule	36,480.00	23,350.00	0.00	339,510.00
4 - PP	University of Southern De	41,234.89	28,385.95	0.00	385,755.00
5 - PP	Cesis Municipality	18,576.00	59,499.20	4,500.00	225,991.20
6 - PP	Saldus district municipalit	18,576.00	56,999.20	3,000.00	221,991.20
7 - PP	Westpomeranian Region	11,621.61	50,869.95	0.00	152,590.57
8 - PP	Media Dizajn	16,335.00	25,870.00	1,200.00	169,640.00
9 - PP	Secretariat of the Norther	37,856.34	51,961.70	0.00	380,049.98
10 - PP	Sunderby folk high school	22,713.80	48,882.31	0.00	245,735.27
11 - PP	Norrbottnen Region	24,607.81	66,172.31	0.00	279,440.00
12 - PP	Turku University of Applied	27,863.94	25,833.00	0.00	267,320.50
13 - PP	Lithuanian University of H	10,216.80	35,229.80	0.00	123,775.40
Total		333,651.01	586,943.42	8,700.00	3,511,285.56

7.1.1 External expertise and services

Contracting partner	Group of expenditure	Item no.	Specification	Investment item?	Group of activities no.	Planned contract value
11. Norrbotten Reai	Specialist support	CAT4-PP11-E-	Fee for 2 culture pedagogues (2 days/week, 30 weeks) in piloting the AoP programme (incl. travel) <small>98 / 100 characters</small>	No	2.2	45,290.00
11. Norrbotten Reai	Events/meetings	CAT4-PP11-A-	Rental costs for studios for the piloting <small>41 / 100 characters</small>	No	2.2	5,000.00
11. Norrbotten Reai	Communication	CAT4-PP11-C-	Communication, design and printing <small>34 / 100 characters</small>	No	2.1 2.2 3.1 3.2	2,000.00
11. Norrbotten Reai	Project management	CAT4-PP11-D-	Contribution to project management support (joint procurement) <small>62 / 100 characters</small>	No	N/A	13,882.31
5. Cesis Municipalit	Project management	CAT4-PP5-D-0	Contribution to project management support (joint procurement) <small>62 / 100 characters</small>	No	N/A	10,649.20
5. Cesis Municipalit	Other	CAT4-PP5-G-0	Translation costs English/Latvian for project documents and publicatons <small>71 / 100 characters</small>	No	1.1 1.2 1.3 1.4 2.5	2,000.00
5. Cesis Municipalit	Communication	CAT4-PP5-C-0	Communication services (e.g. design of Latvian language communication material, infographics, etc.) <small>99 / 100 characters</small>	No	2.1 2.2 3.1 3.2 3.5	2,500.00
5. Cesis Municipalit	Events/meetings	CAT4-PP5-A-0	Meeting costs for local meetings and courses and one regional knowledge transfer workshop <small>90 / 100 characters</small>	No	2.1 2.2 3.1 3.2	1,100.00
5. Cesis Municipalit	Specialist support	CAT4-PP5-E-0	Health experts as coaches for local museums in piloting the AoP programme <small>73 / 100 characters</small>	No	2.2	24,000.00
5. Cesis Municipalit	Events/meetings	CAT4-PP5-A-1	Event costs for one national conference on AoP (shared with PP6) <small>64 / 100 characters</small>	No	3.5	7,000.00
Total						586,943.42

Contracting partner	Group of expenditure	Item no.	Specification	Investment item?	Group of activities no.	Planned contract value
5. Cesis Municipality	Communication	CAT4-PP5-C-1	Web design and hosting of the online practitioner's guide <small>57 / 100 characters</small>	No	1.2 2.5	10,000.00
5. Cesis Municipality	Other	CAT4-PP5-G-1	Fees and travel and accommodation costs of external speakers and moderator for project events <small>92 / 100 characters</small>	No	3.2 3.5	2,250.00
9. Secretariat of th	Project management	CAT4-PP9-D-1	External accounting services (only for Arts on Prescription project) <small>68 / 100 characters</small>	No	N/A	3,500.00
9. Secretariat of th	Project management	CAT4-PP9-D-1	Contribution to project management support (joint procurement) <small>62 / 100 characters</small>	No	N/A	22,211.70
9. Secretariat of th	Events/meetings	CAT4-PP9-A-1	Room rent and catering for transnational conference <small>52 / 100 characters</small>	No	3.5	5,250.00
9. Secretariat of th	Events/meetings	CAT4-PP9-A-1	Media production and streaming services for transnational conference <small>68 / 100 characters</small>	No	3.5	15,000.00
9. Secretariat of th	Events/meetings	CAT4-PP9-A-1	Moderator fee and travel costs for transnational conference <small>59 / 100 characters</small>	No	3.5	4,000.00
9. Secretariat of th	Communication	CAT4-PP9-C-1	Design and communication services related to transnational conference and transfer of results <small>93 / 100 characters</small>	No	3.5	2,000.00
12. Turku University	Events/meetings	CAT4-PP12-A-	Meeting costs for transnational project meeting <small>47 / 100 characters</small>	No	N/A	3,000.00
12. Turku University	Project management	CAT4-PP12-D-	Contribution to project management support (joint procurement) <small>62 / 100 characters</small>	No	N/A	16,025.00
12. Turku University	Communication	CAT4-PP12-C-	Communication (e.g. translation and design) of project results in Finland <small>73 / 100 characters</small>	No	3.2 3.5	4,000.00
Total						586,943.42

Contracting partner	Group of expenditure	Item no.	Specification	Investment item?	Group of activities no.	Planned contract value
12. Turku University	Events/meetings	CAT4-PP12-A-	Meeting costs for a workshop for municipalities and wellbeing services counties interested in AoP <small>97 / 100 characters</small>	No	3.2	2,808.00
7. Westoomeranian	Events/meetings	CAT4-PP7-A-2	Meeting costs for transnational project meeting (shared with PP8) <small>65 / 100 characters</small>	No	N/A	3,500.00
7. Westoomeranian	Project management	CAT4-PP7-D-2	Contribution to project management support (joint procurement) <small>62 / 100 characters</small>	No	N/A	6,769.95
7. Westoomeranian	Other	CAT4-PP7-G-2	Translation costs English/Polish for project documents and publications <small>70 / 100 characters</small>	No	1.1 1.2 1.3 2.4 2.5	1,500.00
7. Westoomeranian	Communication	CAT4-PP7-C-2	Design and printing costs for information material for participants and stakeholders <small>84 / 100 characters</small>	No	2.1 2.2 2.5 3.1 3.2	1,500.00
7. Westoomeranian	Events/meetings	CAT4-PP7-A-2	Meeting costs for engaging local stakeholders and regional and national knowledge transfer <small>90 / 100 characters</small>	No	2.1 2.2 3.1 3.2 3.5	7,600.00
7. Westoomeranian	Specialist support	CAT4-PP7-E-2	Experts for piloting AoP programme (trainers, child psychologists, interpreters) <small>81 / 100 characters</small>	No	2.2	10,000.00
7. Westoomeranian	Events/meetings	CAT4-PP7-A-2	Room rent and catering for AoP piloting <small>39 / 100 characters</small>	No	1.5	2,000.00
7. Westoomeranian	Events/meetings	CAT4-PP7-A-3	Costs for organising a transnational conference <small>48 / 100 characters</small>	No	3.5	12,000.00
Total						586,943.42

Contracting partner	Group of expenditure	Item no.	Specification	Investment item?	Group of activities no.	Planned contract value
7. Westoomeranian	Other	CAT4-PP7-G-3	Travel and accommodation costs of external experts/speakers to project events and study visits <small>94 / 100 characters</small>	No	3.3 3.5	3,000.00
8. Media Dizajn	Events/meetings	CAT4-PP8-A-3	Meeting costs for transnational project meeting (shared with PP7) <small>65 / 100 characters</small>	No	N/A	2,000.00
8. Media Dizajn	Project management	CAT4-PP8-D-3	Contribution to project management support (joint procurement) <small>62 / 100 characters</small>	No	N/A	6,820.00
8. Media Dizajn	Communication	CAT4-PP8-C-3	Design and printing costs for information material for participants and stakeholders <small>84 / 100 characters</small>	No	2.1 2.2 2.5 3.1 3.2	2,500.00
8. Media Dizajn	Events/meetings	CAT4-PP8-A-3	Meeting costs for engaging local stakeholders and regional and national knowledge transfer <small>90 / 100 characters</small>	No	2.1 2.2 3.1	2,000.00
8. Media Dizajn	Specialist support	CAT4-PP8-E-3	Cultural experts / course instructors for piloting of AoP programme <small>67 / 100 characters</small>	No	2.2	10,000.00
8. Media Dizajn	Other	CAT4-PP8-G-3	Costs for twin city study visit (meeting costs, travel and accomodation costs of visitors) <small>89 / 100 characters</small>	No	3.3	1,000.00
8. Media Dizajn	Communication	CAT4-PP8-C-3	Design and layout of the material in the AoP information package <small>64 / 100 characters</small>	No	1.3 2.5	1,550.00
4. Universitv of Sou	National control	CAT4-PP4-F-3	Control of partner reports <small>26 / 100 characters</small>	No	N/A	3,000.00
4. Universitv of Sou	Project management	CAT4-PP4-D-4	Contribution to project management support (joint procurement) <small>62 / 100 characters</small>	No	N/A	22,385.95
4. Universitv of Sou	Events/meetings	CAT4-PP4-A-4	Meeting costs and conference fees <small>33 / 100 characters</small>	No	2.5 3.5	3,000.00
Total						586,943.42

Contracting partner	Group of expenditure	Item no.	Specification	Investment item?	Group of activities no.	Planned contract value
3. Bremer Volkshoc	Events/meetings	CAT4-PP3-A-4	Meeting costs for engaging local stakeholders and regional and national knowledge transfer <small>90 / 100 characters</small>	No	2.1 2.2 3.1 3.2	2,500.00
3. Bremer Volkshoc	Other	CAT4-PP3-G-4	Translation costs English/German for project documents and publicatons <small>70 / 100 characters</small>	No	1.1 1.2 1.3 2.4 2.5	3,000.00
3. Bremer Volkshoc	Project management	CAT4-PP3-D-4	Contribution to project management support (joint procurement) <small>62 / 100 characters</small>	No	N/A	13,350.00
3. Bremer Volkshoc	National control	CAT4-PP3-F-4	Control of partner reports <small>26 / 100 characters</small>	No	N/A	4,500.00
2. Ministrv for healt	National control	CAT4-PP2-F-4	Control of partner reports <small>26 / 100 characters</small>	No	N/A	4,000.00
2. Ministrv for healt	Project management	CAT4-PP2-D-4	Contribution to project management support (joint procurement) <small>62 / 100 characters</small>	No	N/A	13,350.00
2. Ministrv for healt	Other	CAT4-PP2-G-4	Translation costs English/German for project documents and publicatons <small>70 / 100 characters</small>	No	1.1 1.2 1.3 2.4 2.5	7,999.00
2. Ministrv for healt	Events/meetings	CAT4-PP2-A-4	Meeting costs for regional and national knowledge transfer workshops/conference and study visit <small>95 / 100 characters</small>	No	3.5	10,000.00
2. Ministrv for healt	Specialist support	CAT4-PP2-E-5	External expertise for the train-the-trainers course <small>52 / 100 characters</small>	No	1.4	5,000.00
10. Sunderbv folk hi	Events/meetings	CAT4-PP10-A-	Meeting costs for one transnational meeting or workshop in Norrbotten <small>69 / 100 characters</small>	No	N/A	8,000.00
10. Sunderbv folk hi	Project management	CAT4-PP10-D-	Contribution to project management support (joint procurement) <small>62 / 100 characters</small>	No	N/A	13,882.31
Total						586,943.42

Contracting partner	Group of expenditure	Item no.	Specification	Investment item?	Group of activities no.	Planned contract value
10. Sunderbv folk hi	Specialist support	CAT4-PP10-E-	Fees and travel costs of members of expert panel <small>48 / 100 characters</small>	No	1.1 1.2 1.3 1.4 1.5 2.5	20,000.00
10. Sunderbv folk hi	Events/meetings	CAT4-PP10-A-	Meeting costs for engaging local stakeholders and regional and national knowledge transfer <small>90 / 100 characters</small>	No	2.1 2.2 3.1 3.2	2,500.00
10. Sunderbv folk hi	Other	CAT4-PP10-G-	Costs for twin city study visit (meeting costs, travel and accomodation costs of visitors) <small>89 / 100 characters</small>	No	3.3	2,000.00
10. Sunderbv folk hi	Events/meetings	CAT4-PP10-A-	Fees and travel and accommodation costs for external speakers <small>61 / 100 characters</small>	No	2.1 3.1 3.2 3.5	1,500.00
10. Sunderbv folk hi	Events/meetings	CAT4-PP10-A-	Meeting costs for seminar on AoP in national health systems <small>59 / 100 characters</small>	No	3.5	1,000.00
6. Saldus district m	Events/meetings	CAT4-PP6-A-5	Meeting costs for one transnational meeting in Saldus <small>53 / 100 characters</small>	No	N/A	4,000.00
6. Saldus district m	Project management	CAT4-PP6-D-5	Contribution to project management support (joint procurement) <small>62 / 100 characters</small>	No	N/A	10,899.20
6. Saldus district m	Events/meetings	CAT4-PP6-A-6	Meeting costs for engaging local stakeholders and regional and national knowledge transfer <small>90 / 100 characters</small>	No	2.1 2.2 3.1 3.2	1,100.00
6. Saldus district m	Specialist support	CAT4-PP6-E-6	Health experts as coaches for local museums in piloting the AoP programme <small>73 / 100 characters</small>	No	2.2	20,000.00
6. Saldus district m	Events/meetings	CAT4-PP6-A-6	Event costs for one national conference on AoP (shared with PP5) <small>64 / 100 characters</small>	No	3.5	7,000.00
Total						586,943.42

Contracting partner	Group of expenditure	Item no.	Specification	Investment item?	Group of activities no.	Planned contract value
6. Saldus district m	Events/meetings	CAT4-PP6-A-6	Fees and travel and accomodation costs of external speakers and moderator for national conference <small>97 / 100 characters</small>	No	3.2 3.5	3,000.00
6. Saldus district m	Communication	CAT4-PP6-C-6	Printing of English and Latvian versions of project materials and publications <small>78 / 100 characters</small>	No	1.1 1.2 1.3 2.5	5,000.00
6. Saldus district m	Communication	CAT4-PP6-C-6	Video production for the practitioner's guide and information package <small>69 / 100 characters</small>	No	1.2 1.3 2.5	6,000.00
1. Odense Municipia	Events/meetings	CAT4-PP1-A-6	Meeting costs for a transnational meeting <small>41 / 100 characters</small>	No	N/A	5,000.00
1. Odense Municipia	Project management	CAT4-PP1-D-6	Contribution to project management support (joint procurement) <small>62 / 100 characters</small>	No	N/A	33,541.00
1. Odense Municipia	Other	CAT4-PP1-G-6	Translation costs English/German for project documents and publicatons <small>70 / 100 characters</small>	No	1.1 1.2 1.3 2.4 2.5	5,500.00
1. Odense Municipia	Communication	CAT4-PP1-C-6	Design and printing costs for information material for participants and stakeholders <small>84 / 100 characters</small>	No	1.1 1.2 1.3 2.5	3,500.00
1. Odense Municipia	Events/meetings	CAT4-PP1-A-7	Meeting costs for engaging local stakeholders and regional and national knowledge transfer <small>90 / 100 characters</small>	No	2.1 2.2 3.2 3.5	10,000.00
1. Odense Municipia	Events/meetings	CAT4-PP1-A-7	Costs for twin city study visit (meeting costs, travel and accomodation costs of visitors) <small>89 / 100 characters</small>	No	3.3	4,000.00
1. Odense Municipia	Other	CAT4-PP1-G-7	Cultural activities in the piloting of the AoP programme <small>56 / 100 characters</small>	No	2.2	7,000.00
Total						586,943.42

Contracting partner	Group of expenditure	Item no.	Specification	Investment item?	Group of activities no.	Planned contract value
1. Odense Municipia	Other	CAT4-PP1-G-7	Control costs for partner reports <small>33 / 100 characters</small>	No	N/A	5,000.00
13. Lithuanian Unive	National control	CAT4-PP13-F-	Control costs for partner reports <small>33 / 100 characters</small>	No	N/A	3,000.00
13. Lithuanian Unive	Project management	CAT4-PP13-D-	Contribution to project management support (joint procurement) <small>62 / 100 characters</small>	No	N/A	6,229.80
13. Lithuanian Unive	Events/meetings	CAT4-PP13-A-	Meeting costs for a transnational meeting <small>41 / 100 characters</small>	No	N/A	3,000.00
13. Lithuanian Unive	Events/meetings	CAT4-PP13-A-	Meeting costs for at least one knowledge transfer event in Lithuania <small>68 / 100 characters</small>	No	3.2	6,000.00
13. Lithuanian Unive	Other	CAT4-PP13-G-	Translation costs English/Lithuanian for project documents and publicatons <small>74 / 100 characters</small>	No	1.1 1.2 1.3 2.5	3,000.00
13. Lithuanian Unive	Other	CAT4-PP13-G-	Travel & accomm. of speakers / associated organisations actively participating in project events <small>97 / 100 characters</small>	No	3.2 3.3 3.5	2,000.00
13. Lithuanian Unive	Communication	CAT4-PP13-C-	Planning / implenting knowledge transfer actions for promotion of AoP to target groups in Lithuania <small>100 / 100 characters</small>	No	3.2 3.3 3.5	12,000.00
7. Westpomeranian	Specialist support	CAT4-PP7-E-8	External experts for train the trainers session (methodology, workshop, mentoring) <small>82 / 100 characters</small>	No	1.5	3,000.00
Total						586,943.42

7.1.2 Equipment

Contracting partner	Group of expenditure	Item no.	Specification	Investment item?	Group of activities no.	Planned contract value
5. Cesis Municipality	IT hardware and soft	CAT5-PP5-B-0	Video projectors and sound systems for museums involved in piloting <small>67 / 100 characters</small>	No	2.2	4,500.00
8. Media Dizajn	IT hardware and soft	CAT5-PP8-B-0	Computer <small>8 / 100 characters</small>	No	N/A	1,200.00
6. Saldus district m	IT hardware and soft	CAT5-PP6-B-0	Hardware needed for cultural courses in museum <small>46 / 100 characters</small>	No	2.2	3,000.00
Total						8,700.00

7.1.3 Infrastructure and works

Contracting partner	Group of expenditure	Item no.	Specification	Investment item?	Group of activities no.	Planned contract value
Please select	Please select	CAT6-PP--01	 <small>0 / 100 characters</small>	Please select		0.00
Total						0.00

7.2 Planned project budget per funding source & per partner

No. & role	Partner name	Partner status	Country	Funding source	Co-financing rate [in %]	Total [in EUR]	Programme co-financing [in EUR]	Own contribution [in EUR]	State aid instrument
1-LP	Odense Municipality	Active 22/09/2022	DK	ERDF	80.00 %	598,486.44	478,789.15	119,697.29	For each partner, the State aid relevance and applied aid measure are defined in the State aid section
2-PP	Ministry for health, women and consumer Protection of the Free Hanseatic City of Bremen	Active 22/09/2022	DE	ERDF	80.00 %	121,000.00	96,800.00	24,200.00	
3-PP	Bremer Volkshochschule - adult education centre/Ministry for Culture	Active 22/09/2022	DE	ERDF	80.00 %	339,510.00	271,608.00	67,902.00	
4-PP	University of Southern Denmark	Active 22/09/2022	DK	ERDF	80.00 %	385,755.00	308,604.00	77,151.00	
5-PP	Cesis Municipality	Active 22/09/2022	LV	ERDF	80.00 %	225,991.20	180,792.96	45,198.24	
6-PP	Saldus district municipality	Active 22/09/2022	LV	ERDF	80.00 %	221,991.20	177,592.96	44,398.24	
7-PP	Westpomeranian Region	Active 22/09/2022	PL	ERDF	80.00 %	152,590.57	122,072.45	30,518.12	
8-PP	Media Dizajn	Active 22/09/2022	PL	ERDF	80.00 %	169,640.00	135,712.00	33,928.00	
9-PP	Secretariat of the Northern Dimension Partnership in Public Health and Social Well-being (NDPHS)	Active 22/09/2022	SE	ERDF	80.00 %	380,049.98	304,039.98	76,010.00	
10-PP	Sunderby folk high school	Active 22/09/2022	SE	ERDF	80.00 %	245,735.27	196,588.21	49,147.06	
11-PP	Norrbottnen Region	Active 22/09/2022	SE	ERDF	80.00 %	279,440.00	223,552.00	55,888.00	
12-PP	Turku University of Applied Sciences	Active 22/09/2022	FI	ERDF	80.00 %	267,320.50	213,856.40	53,464.10	
13-PP	Lithuanian University of Health Sciences	Active 22/09/2022	LT	ERDF	80.00 %	123,775.40	99,020.32	24,755.08	
Total ERDF						3,511,285.56	2,809,028.43	702,257.13	
Total						3,511,285.56	2,809,028.43	702,257.13	

7.3 Spending plan per reporting period

	EU partners (ERDF)		Total	
	Total	Programme co-financing	Total	Programme co-financing
Preparation costs	24,000.00	19,200.00	24,000.00	19,200.00
Period 1	523,092.83	418,474.27	523,092.83	418,474.27
Period 2	697,457.11	557,965.68	697,457.11	557,965.68
Period 3	557,965.69	446,372.55	557,965.69	446,372.55
Period 4	557,965.69	446,372.55	557,965.69	446,372.55
Period 5	627,711.41	502,169.12	627,711.41	502,169.12
Period 6	523,092.83	418,474.26	523,092.83	418,474.26
Total	3,511,285.56	2,809,028.43	3,511,285.56	2,809,028.43